

Directions: As a dietary supplement, take two capsules twice daily with meals or as directed by your medical provider to help support a healthy weight. For best results use with body togs® Diet and body togs® Appetite Control Supplement.*

Warnings: Consult a medical provider before using if pregnant, nursing or on any medications. Do not use if inner seal is missing or broken.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Developed by and manufactured for:

BodyTogs®, LLC

886 6th St

Dawson, MN 56232

www.bodytogs.com

body togs®

Essentials*

VITAMIN & MINERAL SUPPLEMENT



GREEN TEA
LEAF EXTRACT

HEALTHY
WEIGHT*

120 Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

| | Amount Per Serving | %DV† |
|---|--------------------|----------|
| Vitamin C (Ascorbic Acid) | 45 mg | 50% |
| Vitamin D (as Cholecalciferol) | 12.5 mcg | 62.5% |
| Vitamin E (as Mixed Tocopherols) | 16.75 mg | 111.5% |
| Thiamin (as Thiamine HCl) | 0.6 mg | 50% |
| Riboflavin | 0.6 mg | 50% |
| Niacin (as Niacinamide) | 8 mg | 50% |
| Vitamin B6 (as Pyridoxine HCl) | 5 mg | 294% |
| Folate | 400 mcg | 100% |
| (as [6S]-5-Methyltetrahydrofolic Acid Glucosamine Salt) Quatrefolic® | | |
| Vitamin B12 (as Methylcobalamin) | 25 mcg | 1,041.5% |
| Biotin | 100 mcg | 333.5% |
| Pantothenic Acid | 5 mg | 100% |
| (as Calcium-D-Pantothenate) | | |
| Calcium (as Calcium Carbonate) | 200 mg | 15.5% |
| Iodine (as Potassium Iodide) | 100 mcg | 66.5% |
| Magnesium (as Magnesium Oxide) | 100 mg | 24% |

| | Amount Per Serving | %DV† |
|---------------------------------------|--------------------|--------|
| Zinc (as Zinc Citrate) | 7.5 mg | 68% |
| Selenium (as L-Selenomethionine) | 100 mcg | 182% |
| Copper (as Copper Glycinate) | 1 mg | 111% |
| Manganese (as Manganese Citrate) | 1 mg | 43.5% |
| Chromium (as Chromium Picolinate) | 100 mcg | 285.5% |
| Molybdenum (as Molybdenum Citrate) | 50 mcg | 111% |
| L-Carnitine (as L-Carnitine Tartrate) | 200 mg | †† |
| Green Tea Leaf Extract | 111 mg | †† |
| N-Acetyl-L-Cysteine | 50 mg | †† |
| Lutein | 2.5 mg | †† |
| Boron (as Boron Citrate) | 1.5 mg | †† |
| Zeaxanthin | 0.5 mg | †† |
| Vanadium (as Vanadium Citrate) | 100 mcg | †† |

† Percent Daily Values are based on a 2000 calorie diet.

†† Daily Value not established.

Other Ingredients: Hypromellose Capsule and Magnesium Stearate.

Quatrefolic® is a registered trademark of Gnosis.

Suitable for Vegetarians.
Manufactured in the USA in a cGMP Facility.

