

Mag' C

FREE OF YEAST, SUGAR, STARCH, EGG, GLUTEN, CORN, MILK,
ARTIFICIAL COLORS, SWEETENERS OR PRESERVATIVES.

Directions: 2-6 capsules daily
between meals or as directed
by your health professional

Ascorbate Esters



Dietary Supplement
90 Vegetarian Capsules

This formula contains Magnesium Ascorbate, a proprietary formula, and Ascorbyl Palmitate, the TRUE ester of Vitamin C. Magnesium Ascorbate allows for high absorption of Magnesium & Vit. C and is non-acidic (pH=7.0). Ascorbyl Palmitate allows for total cellular antioxidant protection, increased bioavailability and is also gentle to the stomach (pH=7.0).

Caution: Keep the bottle closed in a cool, dry place and out of the reach of children.

www.intensivenutrition.com

Supplement Facts Serving Size: 1 Capsule

One Capsule Contains:	% Daily Value
Magnesium ascorbate	126 mg *
Magnesium (elemental)	50 mg 14
Vitamin C (as ascorbate)	126 mg 1200
Ascorbyl palmitate	160 mg *

* Daily Value not established

Other Ingredients: Magnesium Stearate

Intensive Nutrition Inc., San Leandro, CA 1-800-333-7414 Made in U.S.A.