


NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- ✔ Coated for Easy Swallowing
- ✔ Guaranteed Quality
- ✔ Laboratory Tested

**Non-GMO, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

 Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

Sign Up for News and Offers at  
[NaturesBounty.com](http://NaturesBounty.com)

Prod. No. 5535 Label No. 10811 B76008 151

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**NATURE'S BOUNTY®**

# Magnesium

## 500mg

**Supports Bone & Muscle Health\***

**100 Coated Tablets** MINERAL SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Magnesium (as Magnesium Oxide)	500 mg	119%

**Other Ingredients:** Vegetable Cellulose, Dicalcium Phosphate. **Contains <2% of:** Calcium Carbonate, Citric Acid, Medium Chain Triglycerides, Polydextrose, Vegetable Magnesium Stearate.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



**Made In The USA** with select ingredients from around the world

Carefully Manufactured by **NATURE'S BOUNTY, INC.**  
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