Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 Tablets Servings Per Container 60

Amount Per 2 Tablets	% Daily Value
Vitamin A 9,500 IU	190%
(2,000 IU as Vitamin A	
7,500 IU as beta-carote	ine)
Vitamin C 500 mg	833%
Vitamin D3 (cholecalcife)	rol) 200 IU 50%
Vitamin E (as d-alpha to	copheryl
succinate) 200 IU	667%
Vitamin K 2.5 mog	3%
Thiamin (Vitamin B <sub>1</sub> ) 35	mg 2333%
Riboflavin (Vitamin B <sub>2</sub> )	35 mg 2059%
Nacin (and as Niacinam)	ide) 35 mg 175%
Vitamin B6 35 mg	1750%
olic Acid 200 mca	50%
Vitamin B12 35 mon	583%
siotin 150 mog	50%
Pantothenic Acid 35 mg	350%
valoum 300 mg	30%
Tosoborus 180 ma	18%
odine (from Kelp) 35 m	og 23%
nagnesium 180 mg	45%
and 10 mg	67%
Selenium 25 mog	36%
Manganese 2.5 mg	125%
promium 25 mon	21%
woybdenum 25 mm	33%
stassium 25 mg	<1%

% Daily Value **Amount Per 2 Tablets** Boron 0.5 mg Nickel 0.25 mcg

> Bromelain 2 mg Papain 2 mg Cellulase Enzymes 2 mg Enzopharm® Plus 8 mg A proprietary blend of

enzymes: amylase, protease, loase emicellulase, and lactase

Other ingredients: calcium carbonate, dicalcium phosphate, magnesium oxoti calcium ascorbate, calcium pantothenate, potassium citrate, stearic acid, celulal regetable stearate, zinc gluconate, silica, manganese gluconate, amino acid chelate (boton, selenium, molybdenum, nickel), chromium polynicotinate, vanadum sufate.

We pledge total truth in labeling. Our family of products contain only the purest and most potent ingredients. Guaranteed.

Allergy Information: This product contains lecithin (from soy).

This product is free of bovine, corn, egg, gluten, milk, rice, sodium, wheat, yeast, added sugars, starches, synthetic dyes, artificial flavorings and preservatives.

Color of this product may vary due to color variations of the natural ingredients.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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## SPECTRATM WITHOUT COPPER AND IRON

A Multiple Vitamin/Mineral Supplement for Adults with Amino Acids, Octacosanol, and Enzymes YEAST FREE

240 TABLETS

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