

180 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT



WHOLE FOOD MULTIVITAMIN
NUTRITIONAL SUPPORT
FOR MOM & BABY

VITAMIN CODE[®]

RAW PRENATAL[™]



Suggested Use: Adults take 1 capsule 3 times daily. May be taken with or without food. Capsules may be opened and contents may be added to water or juice. Not intended for children.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	1300 mcg	100%
Vitamin C (from Organic Amla Berry)	120 mg	100%
Vitamin D (as D3 from culture of <i>S. cerevisiae</i>)	35 mcg (1,400 IU)	233%
Vitamin E (as d-alpha tocopherol from Sunflower Oil)	19 mg	100%
Vitamin K (as K1 from culture of <i>S. cerevisiae</i>)	90 mcg	100%
Thiamin (B1 from culture of <i>S. cerevisiae</i>)	1.4 mg	100%
Riboflavin (B2 from culture of <i>S. cerevisiae</i>)	1.6 mg	100%
Niacin (as Niacinamide from culture of <i>S. cerevisiae</i>)	18 mg	100%
Vitamin B6 (from culture of <i>S. cerevisiae</i>)	2 mg	100%
Folate (from culture of <i>S. cerevisiae</i>)	800 mcg DFE	133%
Vitamin B12 (as Methylcobalamin from culture of <i>S. cerevisiae</i>)	2.8 mcg	100%
Biotin (from culture of <i>S. cerevisiae</i>)	35 mcg	100%
Pantothenic Acid (from culture of <i>S. cerevisiae</i>)	7 mg	100%
Iron (from Brown Rice Chelate)	27 mg	100%
Iodine (from Organic Sea Kelp)	290 mcg	100%
Zinc (from Brown Rice Chelate)	13 mg	100%
Selenium (from culture of <i>S. cerevisiae</i>)	70 mcg	100%
Manganese (from Brown Rice Chelate)	2.6 mg	100%
Chromium (from culture of <i>S. cerevisiae</i>)	18 mcg	40%
Molybdenum (from Brown Rice Chelate)	50 mcg	100%
Vitamin K2 (as menaquinone-7)	50 mcg	+
Raw Organic Fruit & Vegetable Blend	715 mg	+

Organic Apple (fruit), Organic Emblic (Amla, *Phyllanthus emblica*) (fruit) Extract, Organic Sea Kelp, Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

Prenatal Digestive Blend 52 mg +

Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase, (*Lactobacillus bulgaricus*, *Lactobacillus plantarum*, *Lactobacillus rhamnosus* HN001) (6 Billion CFU)

+ Daily Value not established.

Other Ingredients: Organic Gum Arabic, Vegetable Cellulose (capsule).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish.

Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish.

No artificial colors or preservatives.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.



Distributed by Garden of Life LLC

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