ProGreens® Capsules

The same formulation as the ProGreens powder but prepared for those preferring the convenience of a capsule. ProGreens® is an all-natural blended variety of "superfoods" that provide broad-spectrum nutritional support from organic grasses and natural food factors not found in isolated vitamins or mineral concentrates.* In addition to the green grasses, sea vegetables (seaweed) and algae, ProGreens® contains adaptogenic herbs, active probiotics, fiber, and a variety of nutrient-rich "superfoods".* Gluten-free.

Suggested Use

As a dietary supplement, 2 to 4 capsules one to four times daily, or as directed by a healthcare practitioner.

Pregnant or lactating women considering taking more than 16 capsules per day should consult with their healthcare professional prior to use.

Variations in product color may occur. Keep refrigerated whenever possible, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to lead which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/tood

LactoSpore® is a registered trademark of Sabinsa Corporation.



Formulated exclusively for NutriCology® South Salt Lake, UT 84115 www.nutricology.com





ProGreens®

with Advanced Probiotic Formula



180 vegetarian capsules

Supplement Facts

Amount Per Serving

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Serving Size Servings Per Container

4 Capsules 45 % Daily Value

Amount Per Serving		
Calories		10
	% Daily	Value*
Total Carbohydrates	1.2 g	<2%
Vitamin E (as 28 IU of d-Alpha Succinate)	-Tocopheryl Aci 18.8 mg	d 125%
Organic spirulina	285 mg	†
Flax Seed Powder	185 mg	t
Apple Pectin and Fiber	171 mg	†
Fructooligosaccharides (FOS)	143 mg	†
Organic wheat grass powder	100 mg	†
Organic barley grass powder	100 mg	†
Organic alfalfa grass powder	100 mg	†
Organic oat grass powder	100 mg	†
Chlorella (cracked cell)	100 mg	†
Acerola Berry Juice Powder	57 mg	†
Beet Juice Powder	57 mg	Ť
Spinach Powder (1.5% octacosa	nol) 43 mg	†
Royal Jelly (3X)	43 mg	t
Bee Pollen	43 mg	Ť
Eleuthero Root Extract	37 mg	Ť

-	Licorice Root Powder	29 mg	1
*	Suma Root Powder	17 mg	t
ò	Astragalus Root Extract	17 mg	†
	Echinacea purpurea aerial parts powde	r 17 mg	Ť
	Milk Thistle Seed Extract (80% Silymarin)	17 mg	t
_	Dunaliella Extract	11 mg	t
	Dulse Powder	9 mg	†
	Ginkgo Leaf Extract (24% Ginkgo Flavonglycosides		
-	and 6% Terpene Lactones)	6 mg	
	Green Tea Extract (60% Catechins)	6 mg	†
	Grape Seed Extract		
-	(92% Proanthocyanidins)	6 mg	
	Bilberry Extract (25% Anthocyanidins)	6 mg	t
	Ginger Root Powder	1.4 mg	
	Non-Dairy Probiotic Cultures		
	LactoSpore® (Bacillus coagulans MTC)	5856)	
-	2.0 Billion	CFUs	t
-	Bifidobacterium group (B.longum, B.breve, B.bifidum)		
-	100 Million	CFUs**	t
- 1			

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

** Viable cell count at the time of manufacture.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate.