

Recommendations:

Take eight (8) capsules daily or as directed by a physician.

Keep container tightly closed, store in a cool, dry place.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Contains no preservatives.
Bisphenol-A (BPA) & Phthalate Free

Manufactured Exclusively for:
Priority One Nutritional Supplements, Inc.
By: First Priority Manufacturing, Inc.
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Ferndale, WA 98248
www.priorityonevitamins.com



Vegetarian Formulation

Multi Complex

240 Vegetarian Capsules

A Dietary Supplement

NON-GMO

Supplement Facts

Serving Size Eight (8) Capsules Servings Per Container 30

Amount Per Serving	%Daily Value**	
Vitamin A (100% as beta carotene)	19,162IU	383%
Vitamin C (as ascorbic acid)	1,000mg	1,667%
Vitamin D3 (cholecalciferol)	400IU	100%
Vitamin E (as d-alpha and mixed tocopherols) (Sunvitol®)	400IU	1,333%
Thiamine HCL (vitamin B1)	104mg	6,933%
Riboflavin (vitamin B2)	76mg	4,471%
Niacinamide	152mg	760%
Vitamin B6 (as pyridoxine hcl)	80mg	4,000%
Folate (as (6S)-5-methyltetrahydrofolic acid) (equivalent to 1,266mcg of (6S)-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®)	683mcg	171%
Vitamin B12 (as methylcobalamin)	152mcg	2,533%
Biotin	200mcg	67%
Pantothenic Acid (calcium d-pantothenate)	152mg	1,520%
Calcium (as calcium citrate ascorbate carbonate hydroxide)	557mg	56%
Iodine (as potassium iodide)	150mcg	100%
Magnesium (as magnesium aspartate rice chelate oxide)	213mg	53%
Zinc (as zinc rice chelate oxide)	30mg	200%
Selenium (as sodium selenite aspartate)	70mcg	100%
Copper (as copper rice chelate carbonate)	2mg	100%

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Manganese (as manganese rice chelate carbonate)	4.8mg	240%
Chromium (as chromium polynicotinate) (ChromeMate®)	120mcg	100%
Potassium (as potassium rice chelate chloride carbonate)	21mg	<1%
PABA (para amino benzoic acid)	80mg	**
Choline Bitartrate	56mg	**
Inositol	56mg	**
Betaine HCL	152mg	**
Citrus Bioflavonoids 25% (from bitter orange (fruit) (Citrus aurantium)	200mg	**
Hesperidin Complex 98% (from bitter orange (fruit) (Citrus aurantium)	16mg	**
Rutin 95% (from Japanese sophora (flower bud))	24mg	**

** Daily Value not established.

Other Ingredients: Rice chelate, silicon dioxide, maltodextrin, citric acid, hypromellose, di and tri calcium phosphate, gum arabic, sucrose, starch, tapioca, capsule (hypromellose, purified water). Quatrefolic® is a registered trademark of Gnosis S.p.A. Protected by U.S. Patent No. 7,947,662. ChromeMate® is a registered trademark of InterHealth Nutraceuticals Inc.

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