



Suggested Use: Take 1 capsule daily, preferably with a meal, or as directed by a physician.

Caution: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.

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**Wholesome
Story®**

Vitex

(Chaste Tree Berry)

Dietary Supplement
120 Vegetarian Capsules

500
mg

Supplement Facts

Serving size: 1 Capsule
Servings per container: 120

Amount per serving	DV%
Organic Chaste Tree Berry	500mg **
Extract 4:1 (<i>Vitex agnus-castus</i> ; Fruit)	

**Daily value (DV) not established

Other Ingredients: Methylcellulose (Capsule), Organic Rice Powder, Organic Rice Hulls

Keep out of reach of children. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.

Manufactured for: Wholesome Story
PO Box 15344
Seattle, WA 98115

www.wholesomestory.com