▶ Whole food Vitamins C, B12 and Folate support Iron absorption and utilization

reproductive health.1

- 23 organically grown fruits and vegetables add supporting antioxidants, vitamins and nutrient cofactors[†]
- ► Live Probiotics and Enzymes support easy, healthy digestion

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat,

cure or prevent any disease.



VITAMIN CODE

RAW IRON™

22mg GENTLE. WHOLE FOOD IRON NON-CONSTIPATING





DIETARY SUPPLEMENT

Suggested Use: Adults take 1 capsule daily. May be taken with or without food. Capsule may be opened and contents may be added to water or juice. Not intended for children.

Supplement Facts

Servings Per Container 30

	Amount Per Serving	% Da Valu
Vitamin C (from culture of S. cerevisiae)	25 mg	28
Folate (from culture of S. cerevisiae)	400 mcg DFE	100
vitamin B12 (as Methylcobalamin from culture of <i>S. cerevisiae</i>)	500 mcg	20833
Iron (from Brown Rice Cholate)	22 mg	122

Raw Organic Fruit & Vegetable Blend

Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic

Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

Raw Probiotic & Enzyme Blend

310 mg

Lipase, Protease, Aspergillopepsin. beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xylanase, [Lactobacillus plantarum, Lactobacillus bulgaricus] (500 Million CFU)

+ Daily Value not established

Other Ingredients: Vegetable cellulose (capsule), organic rice (hull).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Made without dairy or soy ingredients, peanut, tree

nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish. No artificial colors or preservatives.

Package size is determined by labeling information, not the number of servings in this contained The serving size and contents are clearly marked.



other countries

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