

Directions: As a dietary supplement, take one to three softgels daily.

Evening primrose oil is a rich source of gamma linolenic acid (GLA). GLA helps support healthy skin and joints, and may help reduce premenstrual symptoms.†

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, gluten, milk, egg, fish products, peanuts, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:



• HERBS •

EVENING PRIMROSE OIL

1300 MG

herbal formula



Supports healthy skin and joints
May help reduce Premenstrual symptoms†

120 softgels
dietary supplement

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 120

Amount Per Serving		%DV
Calories 12		
Calories from Fat 12		
Total Fat 1.3 g		2%†
Evening Primrose Oil (<i>Oenothera biennis</i>)	1300 mg	*
Gamma-linolenic acid (GLA)	117 mg	*
Cis-linoleic acid	925 mg	*
Oleic acid	70 mg	
Palmitic acid	78 mg	

† Percent Daily Values are based on a 2,000 calorie diet.

* %Daily Value (DV) has not been established.

Other Ingredients: Gelatin, glycerin, purified water.

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