

TRUTH

We pledge total truth in labeling. Our family of products contain only the purest and most potent ingredients. **Guaranteed.**

Contains: Soy.

This product is free of rice and yeast.

Color of this product may vary due to color variations of the natural ingredients.

Keep out of reach of children. Store in a cool, dry place.



Distributed by DaVinci® Laboratories of Vermont
a division of FoodScience Corp.
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To obtain product information or report a
serious adverse event, call 1-800-325-1776.

0200196.240

DaVinci®

Laboratories
of Vermont

SPECTRA™ MAN

A Multiple Vitamin/Mineral Supplement for Men

with Saw Palmetto, Pygeum and Nettle

240 TABLETS

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 120

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (2000 IU as palmitate and 7500 IU as beta-carotene) 9500 IU	190%	Choline 35 mg	*
Vitamin C (as ascorbic acid and calcium ascorbate) 500 mg	833%	Inositol 35 mg	*
Vitamin D ₃ (as Cholecalciferol) 100 IU	50%	PABA (para-aminobenzoic acid) 35 mg	*
Vitamin E (as d-alpha tocopheryl succinate) 200 IU	667%	L-Cysteine (Enteric Coated) 50 mg	*
Vitamin K 2.5 mcg	3%	L-Glutamine 50 mg	*
Thiamin 35 mg	2333%	DL-Methionine (Enteric Coated) 50 mg	*
Riboflavin 35 mg	2059%	L-Aspartic Acid 75 mg	*
Niacin (and as Niacinamide) 35 mg	175%	Saw Palmetto 15 mg	*
Vitamin B ₆ (Pyridoxine HCl and Pyridoxal 5-Phosphate) 50 mg	2500%	Nettle 7.5 mg	*
Folic Acid 200 mcg	50%	Pygeum 5 mg	*
Vitamin B ₁₂ (Methylcobalamin) 35 mcg	583%	Octacosanol 250 mcg	*
Biotin 150 mcg	50%	Soy Lecithin 50 mg	*
Pantothenic Acid 35 mg	350%	Gamma Linolenic Acid 5 mg	*
Calcium (as Ca Citrate) 300 mg	30%	Alpha Lipoic Acid 5 mg	*
Iodine (from kelp) 35 mcg	23%	Lycopene 2.5 mg	*
Magnesium (as Mg Oxide) 150 mg	38%	Bioperine™ 2.5 mg	*
Zinc 15 mg	100%	RNA (ribonucleic acid) 5 mg	*
Selenium 25 mcg	36%	Mixed Citrus Bioflavonoids 50 mg	*
Copper 0.025 mg	1%	Hesperidin 12.5 mg	*
Manganese 2.5 mg	125%	Rutin 12.5 mg	*
Chromium (as Cr Polynicotinate) 25 mcg	21%	Pectin 12.5 mg	*
Molybdenum 25 mcg	33%	Betaine HCl 10 mg	*
Potassium (as K Citrate) 25 mg	1%	Bromelain 2 mg	*
Boron 0.5 mg	*	Papain (Enteric Coated) 2 mg	*
Silicon (Horsetail Rush) 3 mg	*	A Proprietary Blend of Vegetarian Enzymes (Including Amylase, Protease, Lipase, Hemicellulase and Lactase) 2 mg	*
Vanadium 10 mcg	*		

* Daily Value not established.

Other ingredients: stearic acid, cellulose, amino acid chelates (selenium, molybdenum, boron, vanadium, copper), vegetable stearate, microcrystalline cellulose, silicon dioxide, pharmaceutical glaze.