

TRUTH

We pledge total truth in labeling. Our family of products contain only the purest and most potent ingredients. **Guaranteed.**

Other ingredients: calcium pantothenate, cellulose, stearic acid, zinc gluconate, microcrystalline cellulose, vegetable stearate, silicon dioxide, amino acid chelates (boron, copper, molybdenum, selenium).

Contains: Soy.

This product is vegetarian and free of corn, gluten, rice and yeast.

Color of this product may vary due to color variations of the natural ingredients.

Keep out of reach of children. Store in a cool, dry place.



Distributed by DaVinci® Laboratories of Vermont
a division of FoodScience Corp.
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To obtain product information or report a serious adverse event, call 1-800-325-1776. 0200196.120

DaVinci® *Laboratories of Vermont*

SPECTRA™ MAN
A Multiple Vitamin/Mineral Supplement for Men

with Saw Palmetto, Pygeum and Nettle

VEGETARIAN

120 TABLETS

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (2000 IU as palmitate and 7500 IU as beta-carotene) 9500 IU	190%	Choline 35 mg	
Vitamin C (as ascorbic acid and calcium ascorbate) 500 mg	833%	Inositol 35 mg	
Vitamin D ₂ (ergocalciferol) 200 IU	50%	PABA (para-aminobenzoic acid) 35 mg	
Vitamin E (as d-alpha tocopheryl succinate) 200 IU	667%	L-Cysteine (Enteric Coated) 50 mg	
Vitamin K 2.5 mcg	3%	L-Glutamine 50 mg	
Thiamin 35 mg	2333%	DL-Methionine (Enteric Coated) 50 mg	
Riboflavin 35 mg	2059%	L-Aspartic Acid 75 mg	
Niacin (and as Niacinamide) 35 mg	175%	Saw Palmetto 15 mg	
Vitamin B ₆ (Pyridoxine HCl and Pyridoxal 5-Phosphate) 50 mg	2500%	Nettle 7.5 mg	
Folic Acid 200 mcg	50%	Pygeum 5 mg	
Vitamin B ₁₂ (Methylcobalamin) 35 mcg	583%	Octacosanol 250 mcg	
Biotin 150 mcg	50%	Soy Lecithin 50 mg	
Pantothenic Acid 35 mg	350%	Gamma Linolenic Acid 5 mg	
Calcium (as Ca Citrate) 300 mg	30%	Alpha Lipoic Acid 5 mg	
Iodine (from kelp) 35 mcg	23%	Lycopene 2.5 mg	
Magnesium (as Mg Oxide) 150 mg	38%	Bioperine™ 2.5 mg	
Zinc 15 mg	100%	RNA (ribonucleic acid) 5 mg	
Selenium 25 mcg	38%	Mixed Citrus Bioflavonoids 50 mg	
Copper 0.025 mg	1%	Hesperidin 12.5 mg	
Manganese 2.5 mg	125%	Rutin 12.5 mg	
Chromium (as Cr Polynicotinate) 25 mcg	21%	Pectin 12.5 mg	
Molybdenum 25 mcg	33%	Betaine HCl 10 mg	
Potassium (as K Citrate) 25 mg	1%	Bromelain 2 mg	
Boron 0.5 mg		Papain (Enteric Coated) 2 mg	
Silicon (Horsetail Rush) 3 mg		Enzopharm® Plus 4 mg	
Vanadium 10 mcg		A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase	

* Daily Value not established.

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