

SUGGESTED USAGE: Shake well before use. As a dietary supplement, in the morning, take 1 teaspoon, hold in mouth for 30 seconds, then swallow. 1 teaspoon (5 mL) is equivalent to about 5 half droppersful.

Refrigerate after opening to maximize freshness.

HOW IT WORKS: Vitamin B-12 is a water-soluble vitamin necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins.* Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.* In addition, adequate intake of Vitamin B-12, along with Folic Acid and Vitamin B-6, encourages healthy serum homocysteine levels, thereby supporting cardiovascular health.* Because Vitamin B-12 is found predominantly in animal products, strict vegetarians are at risk of developing Vitamin B-12 deficiency and may benefit from supplementation. This product is also formulated with the entire B-Complex family of vitamins, which work together to support cellular energy production.*

CAUTIONS/INTERACTIONS: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, do not feed to pets. For more information on this product go to www.protocolforlife.com/P0452.

CODE
P0452

V4



PROTOCOL
FOR LIFE BALANCE®

Liquid B-12 5000 mcg

- 3 Forms of B-12 for Maximum Utilization
- Complete Liquid B-Complex
- High in Folic Acid 800 mcg

Net 4 fl. oz. (118 mL)

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Teaspoon (5 mL) Servings Per Container about 24

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	3 g	1%*
Vitamin C (as Ascorbic Acid)	120 mg	200%
Thiamin (Vitamin B-1) (from Thiamin HCl)	3 mg	200%
Riboflavin (Vitamin B-2)	3.4 mg	200%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	500%
Folate (as Folic Acid)	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin, Methylcobalamin (Co-enzyme Form) and Dibenzoyl (Co-enzyme Form)†)	5 mg (5,000 mcg)	83,333%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	50 mg	500%

* Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, Brown Rice Syrup, Malic Acid, Choline Bitartrate, Organic Stevia Extract (Leaf), Natural Flavors, Inositol, Potassium Sorbate (as preservative), Grapefruit Fiber and Cinnamon Bark Oil (Ceylon) (*Cinnamomum zeylanicum*).

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.