Refrigeration recommended after opening.

HOW IT WORKS: SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health." Numerous studies have indicated that SAMe can help to temporarily alleviate aches and pains resulting from overexertion or stress." In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in the maintenance of a positive mood." This SAMe is enteric-coated, which makes it very well tolerated and protects it from degradation."

CAUTIONS/INTERACTIONS: Theoretically, SAMe could increase the effects and adverse effects of products that increase serotonin levels, including 5-hydroxytryptophan (5-HTP), Hawaiian baby woodrose, L-tryptophan, and St. John's wort. In addition, SAMe may interact with MAO inhibitors, L-Dopa, antidepressants and other serotonergic drugs. If you are taking any of these medications or if you are pregnant or lactating consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P0138

CODE P0138B





FOR LIFE BALANCE®

SAMe 200 mg

- Nervous System Support*
 - Enteric Coated Supports Joint Health*
 - **60 Tablets**

A Dietary Supplement

Supplement Facts

Serving Size 2 Tablets Serving	Servings Per Container 30	
	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCI)	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mca	1667%

SAMe (S-Adenosyl-L-Methionine) 400 ma (from 800 mg of S-Adenosyl-L-Methionine Disulfate Tosylate)

+ Daily Value not established

Other ingredients: Cellulose, Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica, Stearic Acid (vegetable source). Ascorbic Acid, Citric Acid and Enteric Coating (cellulose, triethyl citrate, methacrylic acid).

Distributed by Protocol For Life Balance® 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

This bottle contains an AGELESS® Oxygen Absorber to nsure freshness. Do not eat packet. Please Recycle.