DietEz

Provides high levels of vitamins and minerals and bioactive food components for broad-spectrum nutritional support.* Formulated as hypoallergenically as possible to support detoxification.*

Now with 5-MTHF, Methylcobalamin, and LactoSpore®.

Suggested Use

As a dietary supplement, 1 or 2 scoops daily, or as directed by a healthcare professional. Mix in 8 oz of liquid.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Product is sold by weight not by volume. Some settling may occur.

Contains: **Soy.**

LactoSpore® is a registered trademark of Sabinsa Corporation.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not labeled for sale in California.

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Formulated exclusively for NutriCology®
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NutriCology®
Innovative Nutrition

DietEz

Nutritional and Detox Support*

Dietary Supplement

900 grams (31.7 oz.)

Supplement Facts

Serving Size 2 Scoops (40 g)
Servings Per Container 22

Amount Per Serving		
Calories	150	
Calories from Fat	15	
		% Daily Value*
Total Fat	2 g	3%
Saturated Fat	0.5 g	3%
Sodium	20 mg	1%
Total Carbohydrates	21 g	7%
Dietary Fiber	4 g	16%
Sugars	11 g	
Protein	17 g	34%
Vitamin A (as 3920 IU of Beta-Carotene, 1540 IU of Retinyl Palmitate and 1540 IU of Mixed Carotenoids)	3285 µgRAE	365%
Vitamin C (as Magnesium Ascorbate)	300 mg	333%
Vitamin D3 (as 130 IU of Cholecalciferol)	3.5 µg	16%
Mixed Tocopherols	100 IU	†
Thiamine (as Thiamine Hydrochloride)	15 mg	1250%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg	769%
Niacin (as Niacinamide)	15 mgNE	94%

Amount Per Serving		% Daily Value*
Vitamin B6 (as Pyridoxine Hydrochloride)	15 mg	882%
Folate (as 100 µg of 5-Methyltetrahydrofolate (from 185 µg [6S]-5-methyltetrahydrofolic acid, glucosamine salt))	167 µgDFE	42%
Vitamin B12 (as Methylcobalamin)	50 µg	2083%
Biotin	150 µg	500%
Pantothenic Acid (Calcium Pantothenate)	200 mg	4000%
Calcium (as Calcium Citrate, Calcium Phosphate, and Calcium Pantothenate)	300 mg	23%
Iron (as Ferric Ammonium Citrate)	3 mg	38%
Phosphorus (as Calcium Phosphate and Potassium Phosphate)	120 mg	10%
Iodine (as Potassium Iodide)	8 µg	5%
Magnesium (as Magnesium Citrate and Magnesium Ascorbate)	200 mg	48%
Zinc (as Zinc Picolinate)	10 mg	91%
Selenium (as Selenomethionine)	40 µg	73%
Copper (as Copper Gluconate)	1 mg	111%
Manganese (as Manganese Gluconate)	1.3 mg	57%
Chromium (as Chromium Picolinate)	80 µg	229%

Amount Per Serving		% Daily Value*
Molybdenum (as Sodium Molybdate)	50 µg	111%
Potassium (as Potassium Iodide and Dipotassium Phosphate)	120 mg	3%
Boron (as Sodium Tetraborate)	250 µg	†
N-Acetyl-L-Cysteine	50 mg	†
L-Glutathione (reduced)	50 mg	†
Glycine	1.8 g	†
Taurine	200 mg	†
L-Glutamine	1 g	†
Alpha-Lipoic Acid	20 mg	†
MSM (Methylsulfonylmethane)	100 mg	†
Quercetin Dihydrate	100 mg	†
Green Tea (Leaf) Extract (standardized to 80% Catechins)	25 mg	†
Grape (Seed) Extract (standardized to 95% Oligomeric Proanthocyanidins)	25 mg	†
Grape (Skin) Extract (standardized to 50% Polyphenols)	15 mg	†
LactoSpore® (*Bacillus coagulans* MTCC 5856)	300 Million CFUs**	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. ** Viable cell count at the time of manufacture.

Other ingredients: Rice protein concentrate, rice bran, rice syrup solids, microcrystalline cellulose, rice bran oil, natural cherry flavor.

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