

# 5-HTP

**50 mg**

FREE OF YEAST, SUGAR, STARCH, ARTIFICIAL COLORS,  
SWEETENERS OR PRESERVATIVES.

Directions: 1-2 capsules  
daily between meals  
or as directed by your  
health professional.

L-5-Hydroxy-Tryptophan



Dietary supplement  
60 Vegetarian Capsules

Each capsule contains 50 mg of  
all natural L-5-hydroxy-tryptophan  
derived from Griffonia Seeds  
(*Griffonia simplicifolia*).

Caution: Keep the bottle closed in a cool,  
dry place and out of the reach of children.

[www.intensivenutrition.com](http://www.intensivenutrition.com)

## Supplement Facts:

Serving Size: 1 Capsule

| One Capsule Contains | % Daily Value |
|----------------------|---------------|
|----------------------|---------------|

|                        |       |   |
|------------------------|-------|---|
| L-5-hydroxy-tryptophan | 50 mg | * |
| (from Griffonia Seeds) |       |   |

\* Daily Value not established

Other Ingredients: Microcrystalline Cellulose

Made in U.S.A.

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