

401593-1R39



To assure optimal extraction of Fenugreek's bioactive compounds, the seeds are harvested in late summer when they have fully matured, are winnowed free of all chaff, and are then thoroughly extracted.

We prepare our Fenugreek Extract from seeds of *Trigonella foenum-graecum* plants which are Certified Organically Grown without the use of chemical fertilizers, pesticides or herbicides.

LIQUID HERBAL EXTRACT

FENUGREEK

Trigonella foenum-graecum

Mature Seed



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

Fenugreek Liquid Extract

Ingredients: certified organic grain alcohol (67-77%), distilled water & Fenugreek extractives.

Dry herb / menstruum ratio: 1 : 2.5

SUGGESTED USE

SHAKE WELL BEFORE USING

Two to five times per day
take 30 to 40 drops in a little water.

Caution: Consult a qualified midwife or physician before taking during pregnancy.

Keep Out of the Reach of Children

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com