

EVIDENCE-BASED

Black Cohosh provides natural control for menopausal symptoms.* This standardized extract provides reliable and consistent relief from menopausal symptoms, including hot flashes, night sweats and mood swings.* Black Cohosh has been clinically studied for more than 40 years for its ability to reduce menopausal discomfort.*

Recommendations: Take 1 tablet in the morning and 1 tablet in the evening. Do not chew.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



integrative
THERAPEUTICS, INC.

BLACK COHOSH

*Provides relief from
menopause symptoms**

60 TABLETS

Dietary Supplement

Supplement Facts

Serving Size 1 tablet

Amount per tablet

Black Cohosh (<i>Cimicifuga racemosa</i>) Root and Rhizome	20 mg**
Extract standardized to contain 2.5% triterpene glycosides (0.5 mg) calculated as 27-deoxyactein	

**Daily Value not established.

Other ingredients: cellulose, modified cellulose, magnesium stearate, soy lecithin, peppermint leaf, and carnauba wax.

CAUTION: Discontinue use and consult a healthcare practitioner if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine or jaundice. Women who are pregnant or nursing should not use this product. If taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.