

## GLA Borage Oil

Gamma-linolenic acid (GLA) from borage oil. GLA is an  $\omega$ -6 semi-essential fatty acid. Borage oil is high in GLA content (23% min.), and is also a significant source of linoleic acid, another  $\omega$ -6 fatty acid.

## Suggested Use

As a dietary supplement, 1 softgel one or two times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for NutriCology®

South Salt Lake, UT 84115 [www.nutricology.com](http://www.nutricology.com)

Phone: 800.545.9960

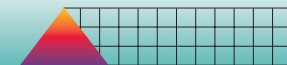


# GLA Borage Oil

High Potency Gamma-Linolenic Acid

**Hypoallergenic**

**Dietary Supplement**



90 softgels

## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 90

### Amount Per Serving

Calories 10  
Calories from Fat 10

		% Daily Value*
Total Fat	1.0 g	2%
Polyunsaturated Fat	500 mg	†

Borage Oil	1.0 g	†
Gamma-Linolenic Acid ( $\omega$ -6)	240 mg	†
Linoleic Acid ( $\omega$ -6)	380 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

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