

BrainAid

Contains nutrients that support various aspects of normal brain function.*

Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

WARNING: Discontinue use if you experience muscle tension, cramps or headache.

Variations in product color may occur.

Keep in a cool, dry place, tightly capped.

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

Contains: Soy.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not labeled for sale in California.

Rev. 013

Formulated exclusively for
NutriCology®
South Salt Lake, UT 84115
www.nutricology.com
Phone: 800.545.9960



BrainAid

Neurotransmitter Support
Formula*

Dietary Supplement



60 tablets

Supplement

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Vitamin A (as 1000 IU of Beta-Carotene)	50.2 µgRAE 6%	Molybdenum (as Sodium Molybdate)	25 µg 56%
Vitamin C (as Ascorbic Acid)	5 mg 6%	Boron (as Boric Acid)	250 µg †
Vitamin E (as 5 IU of d-Alpha Tocopheryl Succinate)	3.4 mg 23%	Ginkgo (Leaves) Extract	15 mg †
Thiamine (as Thiamine Hydrochloride)	7.5 mg 625%	Bacopa (Aerial Part) Extract	50 mg †
Riboflavin (67% as Riboflavin and 33% as Riboflavin -5-Phosphate)	7.5 mg 577%	Eleuthero (Root) Extract	20 mg †
Niacin (86% as Niacinamide)	17.5 mgNE 109%	Asian Ginseng (Root) Extract	20 mg †
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25% as Pyridoxal-5-Phosphate)	10 mg 588%	Gotu Kola (Aerial Part) Extract (10% Triterpenoids)	50 mg †
Folate (as 50 µg of 5-Methyltetrahydrofolate (from [6S]-5-methyltetrahydrofolate, glucosamine salt))	83 µgDFE 21%	L-Glutamine	125 mg †
Vitamin B12 (as Hydroxycobalamin)	25 µg 1042%	L-Tyrosine	100 mg †
Biotin	50 µg 167%	N-Acetyl-L-Carnitine	25 mg †
Pantothenic Acid (as Calcium Pantothenate)	20 mg 400%	Choline (as Choline Bitartrate)	18.74 mg †
Zinc (as Zinc Citrate)	5 mg 45%	Inositol	25 mg †
Selenium (90% as Sodium Selenite and 10% as Selenomethionine)	25 µg 45%	Phosphatidylcholine (soy)	125 mg †
Copper (as Copper Bisglycinate)	0.5 mg 56%	Quercetin Dihydrate	25 mg †
Chromium (as Chromium Picolinate)	25 µg 71%	Cayenne Pepper (Fruit) Powder	50 mg †
		Essential Phospholipids (Phosphatidylserine 60%) (sunflower)	50 mg †

† Daily Value not established

*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.