

MVM-A with Antioxidants

Multiple vitamin and mineral formula with additional nutrients featuring N-acetyl-L-carnitine and 5-methyltetrahydrofolate, the active form of folate.*
Developed by Martin Pall, Ph.D. and Allergy Research Group.

Suggested Use

As a dietary supplement, 2 capsules two times daily, or as directed by a healthcare practitioner.

Variations in product color may occur.

Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



MVM-A

with Antioxidants

Hypoallergenic

Dietary Supplement

180 vegetarian capsules



Formulated exclusively
for NutriCology®
South Salt Lake, UT 84115
www.nutricology.com
Phone: 800.545.9960

Rev. 015

Supplement Facts

Serving Size
Servings Per Container

2 Capsules
90

Amount Per Serving	% Daily Value*
Vitamin A (as 525 IU of Retinyl Palmitate)	158 µgRAE 18%
Vitamin C (as Ascorbic Acid)	67 mg 74%
Vitamin D3 (as 540 IU of Cholecalciferol)	13.5 µg 68%
Vitamin K1 (as Phytomenadione)	25 µg 21%
Thiamine (as Thiamine Hydrochloride)	8 mg 667%
Riboflavin (as Riboflavin, Riboflavin-5-Phosphate)	10 mg 769%
Vitamin B3 (as Inositol Hexanicotinate)	30 mgNE 188%
Vitamin B6 (as Pyridoxine HCl, Pyridoxine-5-Phosphate)	8 mg 471%
Folate (as 400 µg of 5-Methyltetrahydrofolate (from 742 µg (6S)-5-methyltetrahydrofolic acid, glucosamine salt) 667 µgDFE	167%
Vitamin B12 (as Hydroxycobalamin)	30 µg 1250%
Biotin	100 µg 333%
Pantothenic Acid (as D-Pantothenate Calcium)	20 mg 400%
Calcium (as Calcium Carbonate, Sulfate, Citrate)	83 mg 6%
Iodine (as Potassium Iodide)	50 µg 33%
Magnesium (as Sulfate, Citrate, Malate, Bisglycinate)	120 mg 29%
Zinc (as Zinc Citrate)	7 mg 64%
Selenium (as Selenomethionine)	67 µg 122%
Copper (as Copper Bisglycinate)	0.4 mg 44%
Manganese (as Manganese Sulfate)	1.5 mg 65%
Chromium (as Chromium Picolinate)	50 µg 143%
Molybdenum (as Sodium Molybdate)	30 µg 67%
Glycine (as Magnesium Bisglycinate)	8 mg †
Taurine	83 mg †
Boron (as Boric Acid)	1 mg †
N-Acetyl L-Carnitine	100 mg †
Alpha Lipoic Acid	40 mg †

Daily Value not established.

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, ascorbyl palmitate, silicon dioxide.