

**ACTIVE INGREDIENTS:**

Extractives of Certified Organic SPIKENARD  
(*Aralia Racemosa*) dried root.

Origin of plant material: USA.

**MENSTRUUM:**

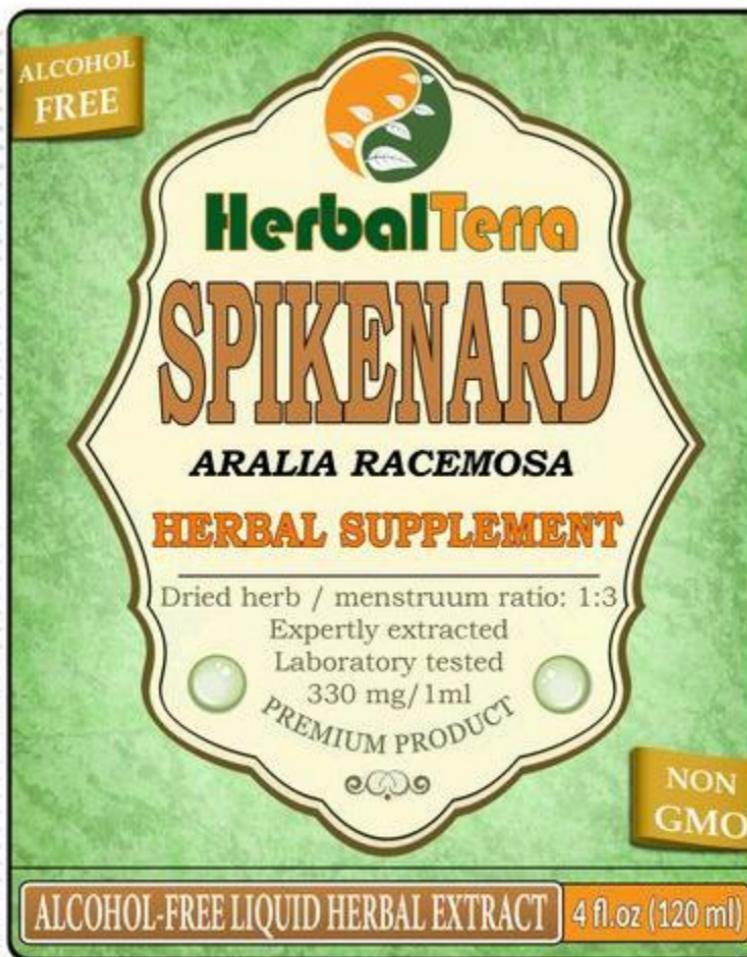
Vegetable palm glycerin, purified water.

**DIRECTIONS:**  
SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO 4 TIMES A DAY.  
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE BEFORE TAKING THIS OR ANY OTHER HERBAL SUPPLEMENTS.

**NOTICE:**  
\*THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FDA AND IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA  
IN AN FDA REGISTERED FACILITY**

**CAUTION:**  
MAY HAVE CONTRAINDICATIONS.  
DO NOT USE IF YOU ARE ALLERGIC TO ANY INGREDIENTS. CONSULT A PHYSICIAN BEFORE USING DURING PREGNANCY, IF NURSING, OR IF YOU ARE ON ANY MEDICATIONS.  
KEEP OUT OF THE REACH OF CHILDREN.  
STORE IN A COOL, DRY, DARK PLACE.

**Supplement Facts**

Serving Size: 1 ml;  
Servings Per Container: 120

% DV †

**Amount Per Serving**

Spikenard (*Aralia Racemosa*) dried root liquid extract. 970 mg ‡

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.  
1 ml is equal to about 330 mg of dried plant material.

Glycerin/water ratio: 3/2.

**NO** Artificial Ingredients, GMO, GLUTEN, Color Additives, Fillers, Preservatives or Binders.



**MADE IN AN**  
**FDA**  
REGISTERED FACILITY



MADE IN USA



**HerbalTerra.com**



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BEST USE BY:

PART #: