

CERTIFIED ORGANIC:

Valerian (*Valeriana Officinalis*) dried root (Poland).
Wild Lettuce (*Lactuca Virosa*) dried herb (Albania).
Blue Vervain (*Verbena Hastata*) dried
above-ground parts (USA).
Hops (*Humulus Lupulus*) dried flowers (USA).

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30
DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER
BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO
4 TIMES A DAY.
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE
BEFORE TAKING THIS OR ANY OTHER HERBAL
SUPPLEMENTS.

*THIS PRODUCT HAS NOT BEEN EVALUATED BY
THE FDA AND IS NOT INTENDED TO DIAGNOSE,
TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA
IN AN FDA REGISTERED FACILITY**

MAY HAVE CONTRAINDICATIONS.
DO NOT USE IF YOU ARE ALLERGIC TO ANY
INGREDIENTS. CONSULT A PHYSICIAN BEFORE
USING DURING PREGNANCY, IF NURSING, OR IF
YOU ARE ON ANY MEDICATIONS.
KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY, DARK PLACE.

ALCOHOL
FREE



HerbalTerra
**SLEEP
SUPPORT**

**This formula includes herbs used
to provide restful sleep.***

HERBAL SUPPLEMENT

Dried herb / menstruum ratio: 1:3

Expertly extracted
Laboratory tested
330 mg/1ml

PREMIUM PRODUCT

NON
GMO

ALCOHOL-FREE LIQUID HERBAL EXTRACT 4 fl.oz (120 ml)

Supplement Facts

Serving Size: 1 ml;

Servings Per Container: 120

% DV †

Amount Per Serving

Proprietary Herbal Extracts Blend: 970 mg ‡

Valerian (*Valeriana Officinalis*).

Wild Lettuce (*Lactuca Virosa*).

Blue Vervain (*Verbena Hastata*).

Hops (*Humulus Lupulus*).

† Percent Daily Values (DV) are based on a 2,000
calorie diet.

‡ Daily Value Not Established.

Menstruum: Vegetable palm glycerin, purified water.
Glycerin/water ratio: 3/2.

Extraction rate: 330 mg of dry plant material per 1 ml.

NO Alcohol, GMO, GLUTEN, Color Additives,
Fillers, Preservatives or Binders.



MADE IN USA

GLUTEN FREE

HerbalTerra.com



BEST USE BY:

PART #: