

EVIDENCE-BASED



integrative
THERAPEUTICS, INC.

VITALINE®
BIOTIN FORTE®
With Zinc

*Maintains healthy hair, skin,
and muscle tissue**

60 TABLETS

Dietary Supplement

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Biotin is a water-soluble B vitamin that acts as a coenzyme for many biochemical processes. Biotin plays an important role in maintaining healthy hair, skin, and muscle tissue.* It is an essential component for the conversion of carbohydrates to energy, and is involved in the proper metabolism of fats and proteins.* Furthermore, adequate biotin levels are needed for healthy nervous system function.*

Recommendations: Adults take 1 tablet once or twice daily, or as directed by your healthcare practitioner.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
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Supplement Facts

Serving Size 1 tablet

Amount per tablet		%DV**
Total Carbohydrate	<1 g	<1%**
Vitamin C (ascorbic acid)	200 mg	333%
Thiamin (as thiamin HCl) (vitamin B1)	10 mg	667%
Riboflavin (vitamin B2)	10 mg	588%
Niacin (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	10 mcg	167%
Biotin	3 mg	1,000%
Pantothenic Acid (as calcium D-pantothenate)	10 mg	100%
Zinc (as zinc sulfate)	30 mg	200%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: cellulose, modified cellulose gum, magnesium stearate, silicon dioxide, modified cellulose, soy lecithin, and carnauba wax.