

EVIDENCE-BASED

Biotin is a water-soluble B vitamin that acts as a coenzyme for many biochemical processes. It is an essential component for the conversion of carbohydrates to energy, and is involved in the proper metabolism of fats and proteins.* Furthermore, adequate biotin levels are needed for healthy nervous system function.*

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



integrative
THERAPEUTICS, INC.

VITALINE®
BIOTIN FORTE®

*Maintains healthy hair,
skin, and muscle tissue**

60 TABLETS

Dietary Supplement

Supplement Facts

Serving Size 1 tablet

Amount per tablet	%DV**
Vitamin C (ascorbic acid)	100 mg 167%
Thiamin (as thiamin HCl) (vitamin B1)	10 mg 667%
Riboflavin (vitamin B2)	10 mg 588%
Niacin (as niacinamide)	40 mg 200%
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	10 mcg 167%
Biotin	5 mg 1,667%
Pantothenic Acid (as calcium D-pantothenate)	10 mg 100%

**Daily Value (DV).

Other ingredients: cellulose, modified cellulose gum, modified cellulose, magnesium stearate, carnauba wax, and soy lecithin.

Recommendations: Adults take 1 tablet daily or as directed by your healthcare practitioner.