

INGREDIENTS
DIRECTIONS
NOTICE
CAUTION

ACTIVE INGREDIENTS:

Extractives of Wildcrafted CRAMP BARK
(*Viburnum Opulus*) dried bark.
Origin of plant material: USA.

MENSTRUUM:

Vegetable palm glycerin, purified water.

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO 4 TIMES A DAY.
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE BEFORE TAKING THIS OR ANY OTHER HERBAL SUPPLEMENTS.

*THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FDA AND IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA
IN AN FDA REGISTERED FACILITY**

MAY HAVE CONTRAINDICATIONS.
DO NOT USE IF YOU ARE ALLERGIC TO ANY INGREDIENTS. CONSULT A PHYSICIAN BEFORE USING DURING PREGNANCY, IF NURSING, OR IF YOU ARE ON ANY MEDICATIONS.
KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY, DARK PLACE.

ALCOHOL
FREE



HerbalTerra

CRAMP BARK

VIBURNUM OPULUS

HERBAL SUPPLEMENT

Dried herb / menstruum ratio: 1:3

Expertly extracted
Laboratory tested

330 mg/1ml

PREMIUM PRODUCT

NON
GMO

ALCOHOL-FREE LIQUID HERBAL EXTRACT 4 fl.oz (120 ml)

Supplement Facts

Serving Size: 1 ml;

Servings Per Container: 120

% DV †

Amount Per Serving

Cramp Bark (*Viburnum Opulus*)
dried bark liquid extract.

970 mg ‡

† Percent Daily Values (DV) are based
on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.
1 ml is equal to about 330 mg of dried plant
material.

Glycerin/water ratio: 3/2.

NO

Artificial Ingredients, GMO, GLUTEN, Color
Additives, Fillers, Preservatives or Binders.



MADE IN USA

MADE IN AN



REGISTERED FACILITY



GLUTEN FREE



HerbalTerra.com



BEST USE BY:

PART #: