

pineapple mango  
Naturally flavored

# FRS

healthy energy®

The sustained boost of FRS Healthy Energy can help you take on the demands of your day from work to working-out. FRS is fueled by a patented formula containing quercetin, a powerful antioxidant found in fruits and vegetables that helps unlock your body's natural energy.\* With all that you are juggling between family, friends and trying to find a little time for yourself - couldn't you use more energy? Feel the difference.

Comparison of flavonoid antioxidants per serving:

|                    |       |
|--------------------|-------|
| FRS Healthy Energy | 270mg |
| Blueberries        | 120mg |
| Raspberries        | 40mg  |
| Apples             | 20mg  |

**Source:** Flavonoid content of fruits from USDA Flavonoid Database using 1/2 cup serving size and 140g weight for apples. Flavonoid composition varies among products compared.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Thirty two cents of every case of FRS chews sold goes to:

**LIVESTRONG**  
LANCE ARMSTRONG FOUNDATION

FRS.com

**Recommended Intake:** Eat 2 chews in the morning and 2 in the afternoon or whenever you need extra energy or a pre-workout boost.

**Ideal for outdoor sports, traveling or on-the-go activities.**



## Supplement Facts

Serving Size 2 Chews

| Amount Per Serving    | % Daily Value |
|-----------------------|---------------|
| Calories 40           |               |
| Calories From Fat 5   |               |
| Total Fat 0.5g        | 1%**          |
| Total Carbohydrate 8g | 3%**          |
| Sugars 6g             | †             |
| Vitamin C 120mg       | 200%          |
| Vitamin E 30IU        | 100%          |
| Thiamin 1.5mg         | 100%          |
| Riboflavin 1.7mg      | 100%          |
| Niacin 20mg           | 100%          |
| Vitamin B6 2mg        | 100%          |
| Vitamin B12 6mcg      | 100%          |
| Sodium 20mg           | 1%            |
| Quercetin 250mg       | †             |
| Catechins 20mg        | †             |

\*\* Percent Daily Values based on a 2,000 cal. diet.

† Daily Values not established.

**INGREDIENTS:** Sugar, Corn Syrup, Soy Lecithin, Palm Oil, Quercetin (QU995™), Carnauba Wax, Ascorbic Acid, Corn Starch, Natural Flavor, Glycerin, Citric Acid, Alpha Tocopheryl Acetate (Vit E), Green Tea Leaf Extract, Camageenan, Niacinamide (B3), Mono and Diglycerides, Caffeine, Sucralose (non-nutritive sweetener), Pyridoxine Hydrochloride (B6), Thiamine Hydrochloride (B1), Riboflavin (B2), FD&C Yellow #6, Cyanocobalamin (B12).

A two chew serving contains 20mg of caffeine (equivalent to approx. 1/4 cup of coffee). Caffeine is used as a metabolic enhancer to help the body absorb other key nutrients in the FRS formula.



**Distributed by:**  
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