

INGREDIENTS
DIRECTIONS

ACTIVE INGREDIENTS:
Extractives of Certified Organic LOTUS
(*Nelumbo Nucifera*) dried seed.

MENSTRUUM:
Vegetable palm glycerin, purified water.

DIRECTIONS

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO 4 TIMES A DAY.
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE BEFORE TAKING THIS OR ANY OTHER HERBAL SUPPLEMENTS.

NOTICE

*THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FDA AND IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA
IN AN FDA REGISTERED FACILITY**

CAUTION

MAY HAVE CONTRAINDICATIONS.
DO NOT USE IF YOU ARE ALLERGIC TO ANY INGREDIENTS. CONSULT A PHYSICIAN BEFORE USING DURING PREGNANCY, IF NURSING, OR IF YOU ARE ON ANY MEDICATIONS.
KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY, DARK PLACE.

**ALCOHOL
FREE****ALCOHOL-FREE LIQUID HERBAL EXTRACT** 4 fl.oz (120 ml)**Supplement Facts**

Serving Size: 1 ml;
Servings Per Container: 120 % DV †

Amount Per Serving

Lotus (*Nelumbo Nucifera*)
dried seed liquid extract. 970 mg ‡

† Percent Daily Values (DV) are based
on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.
1 ml is equal to about 330 mg of dried plant
material.

Glycerin/water ratio: 3/2.

NO Artificial Ingredients, GMO, GLUTEN, Color
Additives, Fillers, Preservatives or Binders.

**MADE IN USA****MADE IN AN****REGISTERED FACILITY****GLUTEN FREE****HerbalTerra.com****BEST USE BY:****PART #:**