

INGREDIENTS

**ACTIVE INGREDIENTS:**  
 Extractives of Certified Organic  
**GRAINS OF PARADISE** (*Aframomum*  
*Melegueta*) dried seed.  
 Origin of plant material: Morocco.  
**MENSTRUUM:**  
 Vegetable palm glycerin, purified water.

DIRECTIONS

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30  
 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER  
 BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO  
 4 TIMES A DAY.  
 WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE  
 BEFORE TAKING THIS OR ANY OTHER HERBAL  
 SUPPLEMENTS.

NOTICE

\*THIS PRODUCT HAS NOT BEEN EVALUATED BY  
 THE FDA AND IS NOT INTENDED TO DIAGNOSE,  
 TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA  
 IN AN FDA REGISTERED FACILITY**

CAUTION

MAY HAVE CONTRAINDICATIONS.  
 DO NOT USE IF YOU ARE ALLERGIC TO ANY  
 INGREDIENTS. CONSULT A PHYSICIAN BEFORE  
 USING DURING PREGNANCY, IF NURSING, OR IF  
 YOU ARE ON ANY MEDICATIONS.  
 KEEP OUT OF THE REACH OF CHILDREN.  
 STORE IN A COOL, DRY, DARK PLACE.

ALCOHOL  
 FREE



**HerbalTerra**  
**GRAINS**  
**OF PARADISE**  
**AFRAMOMUM MELEGUETA**  
**HERBAL SUPPLEMENT**

Dried herb / menstruum ratio: 1:3  
 Expertly extracted  
 Laboratory tested  
 330 mg/1ml  
 PREMIUM PRODUCT

NON  
 GMO

ALCOHOL-FREE LIQUID HERBAL EXTRACT 4 fl.oz (120 ml)

**Supplement Facts**

Serving Size: 1 ml;  
 Servings Per Container: 120 % DV †

**Amount Per Serving**

Grains Of Paradise (*Aframomum*  
*Melegueta*) seed liquid extract. 970 mg ‡

† Percent Daily Values (DV) are based  
 on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.  
 1 ml is equal to about 330 mg of dried plant  
 material.

Glycerin/water ratio: 3/2.

**NO** Artificial Ingredients, GMO, GLUTEN, Color  
 Additives, Fillers, Preservatives or Binders.



MADE IN USA

MADE IN AN  
**FDA**  
 REGISTERED FACILITY



GLUTEN FREE



**HerbalTerra.com**



BEST USE BY:

PART #: