

Quercetin May Settle

Shake Well

Non Carbonated

Shake Well

Contains 9% Fruit Juice

Supplement Facts

Serving Size 1 Can (11.5 fl oz)

Amount Per Serving % Daily Value

Calories 25	
Total Carbohydrate 7g	2%**
Dietary Fiber 2g	8%**
Sugars 4g	†
Vitamin C 156mg	260%
Vitamin E 39IU	130%
Thiamin 2.0mg	130%
Riboflavin 2.2mg	130%
Niacin 26mg	130%
Vitamin B6 2.6mg	130%
Vitamin B12 8mcg	130%
Sodium 10mg	<1%
Quercetin 325mg	†
Catechins 85mg	†

**Percent Daily Values based on a 2,000 cal. diet.

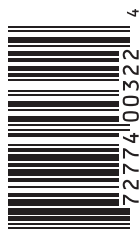
† Daily Values not established

INGREDIENTS: Water, White Grape Juice Concentrate, Inulin, Orange Juice Concentrate, Tartaric Acid, Sucralose (non-nutritive sweetener), Quercetin (QU995™), Natural Blueberry Pomegranate Flavor, Ascorbic Acid, Locust Bean Gum, Gum Arabic, Alpha Tocopheryl Acetate (Vit E), Green Tea Leaf Extract, Natural Berry Flavor, Caffeine, Nicotinamide (B3), Natural Lemon Flavor, Cyanocobalamin (B12), Pyridoxine Hydrochloride (B6), Thiamine Hydrochloride (B1), Riboflavin (B2).

Contains 48mg of caffeine (equivalent to approx. 1/2 cup of coffee). Caffeine is used as a metabolic enhancer to help the body absorb other key nutrients in the FRS formula.

Distributed by:
The FRS Company
101 Lincoln Centre Dr.
Foster City, CA 94404
1-877-FRS4YOU

410-0017



low cal 25 calories 7g carbs citrus pomegranate

Naturally flavored

FRS

healthy energy®



Patented Blend of Quercetin + Vitamins

B₁ B₂ B₃ B₆ B₁₂ C E

11.5 FL OZ (340mL) Dietary Supplement

Recommended Intake: For best results, drink 2-3 servings per day. One in the morning, one in the afternoon and whenever you need extra energy or a pre-workout boost.

FRS

low cal
citrus
pomegranate
healthy energy® Naturally flavored

FRS's revolutionary blend of nutrients extends your body's natural energy, fueling you up when you need it while supporting your health over the long haul. There's no jittery feeling or roller-coaster ride - just prolonged energy that helps keep you focused and fully charged.

That energy comes from our secret weapon, Quercetin, an antioxidant found in foods like blueberries, apples and grapes. Its incredible ability to enhance your body's energy system is what keeps you feeling energized longer. Add a host of essential vitamins and you're ready to tackle anything from a minor workout to a major marathon.

Comparison of flavonoid antioxidants per serving:

FRS Healthy Energy	410mg
Blueberries	120mg
Raspberries	40mg
Apples	20mg

Source: Flavonoid content of fruits from USDA Flavonoid Database using 1/2 cup serving size and 140g weight for apples. Flavonoid composition varies among products compared.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ten cents of every case of FRS sold goes to:

LIVESTRONG
LANCE ARMSTRONG FOUNDATION

FRS.com