

Recommended Intake: Eat 2 chews in the

morning and 2 in the afternoon or whenever
you need extra energy or a pre-workout boost.

Ideal for outdoor sports, travelling or

on-the-go activities.



Supplement Facts

Serving Size 2 Pieces

Amount Per Serving % Daily Value**

Calories 40

Total Carbohydrate 8g 39%**

Sugars 6g

Vitamin A 750IU 15%

Vitamin C 120mg 200%

Vitamin E 60IU 200%

Thiamin 1.5mg 100%

Riboflavin 1.7mg 100%

Niacin 20mg 100%

Vitamin B6 2mg 100%

Vitamin B12 6mcg 100%

Quercetin 250mg †

Catechins (from green tea extract) 20mg †

**Percent Daily Values based on a 2,000 cal. diet.

† Daily Values not established

INGREDIENTS: Sugar, Gum Syrup, Soy Lecithin, Palm Oil, Quercetin, Gamma Hex, Ascorbic Acid, Gum Sand, Glycine, Natural & Artificial Flavors, DL-Alpha Tocopheryl Acetate, Citric Acid, Green Tea Extract, Camagrenol, Resveratrol, Mann and Polycondes, Caffeine, Sucralose, FD&C Red #40, Vitamin A, Riboflavin, FD&C Blue #2, Cyanocobalamin.

A two chew serving contains 20mg of caffeine (equivalent to approx. 1/4 cup of coffee). Caffeine is used as a metabolic enhancer to help the body absorb other key nutrients in the FRS formula.

Distributed by:

The FRS Company
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450-0042



FRS soft chews take you up a level and keep you there. FRS soft chews contain quercetin - a natural, powerful antioxidant found in blueberries, red onions, apples and cocoa. Quercetin helps extend your body's natural adrenaline as well as neutralizes the oxidants in your body that cause fatigue*. Joining quercetin to keep your energy on the level are key vitamins and potent antioxidants from green tea leaves. Inside each serving is a daily allowance of enhanced mental focus, increased performance and the energy to keep you going. So rise up, stay up and enjoy your day.

A two chew serving of FRS supplies the same

amount of flavonoid antioxidants as:

- 2 servings of blueberries or
- 6 servings of red onions or
- 7 servings of raspberries

Source: Flavonoid comparison based on mg of total flavonoids. Comparison varies among products compared. Flavonoid content of fruits and vegetables from USDA Flavonoid Database using 1/2 cup serving size.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

FRS supports: L I V E S T R O N G

LANCET ANTIOXIDANT COMPARISON

Twenty two cents of every case of FRS chews sold goes to the Lance Armstrong Foundation.

www.frs.com

pomegranate 30 chews
blueberry individually wrapped



FRS[®]

healthy energy



Patented Blend of Quercetin + Vitamins

B₁ B₂ B₃ B₆ B₁₂ C E

Natural and artificial flavors **Dietary Supplement**