

non carbonated•shake well

**Natural ingredients may settle.**

Contains 15% Fruit Juice

| Supplement Facts                                  |               |
|---------------------------------------------------|---------------|
| Serving Size 1 Can (11.5 fl oz)                   |               |
| Amount Per Serving                                | % Daily Value |
| Calories 25                                       |               |
| Total Carbohydrate 7g                             | 2%*           |
| Sugars 5g                                         | †             |
| Dietary Fiber 2g                                  | 8%            |
| Vitamin A 539IU                                   | 10%           |
| Vitamin C 162mg                                   | 270%          |
| Vitamin E 79IU                                    | 270%          |
| Thiamin 2mg                                       | 130%          |
| Riboflavin 2mg                                    | 130%          |
| Niacin 26mg                                       | 130%          |
| Vitamin B6 3mg                                    | 130%          |
| Vitamin B12 8mcg                                  | 130%          |
| Quercetin                                         | 325mg†        |
| Catechins (from green tea leaf extract)           | 85mg†         |
| *Percent Daily Values based on a 2,000 cal. diet. |               |
| †Daily Values not established                     |               |

INGREDIENTS: Water, Mango Puree, Inulin, White Grape Juice Concentrate, Quercetin, Natural Peach Flavors, Ascorbic Acid, Gum Arabic, Locust Bean Gum, Natural Mango Citrus Flavor, Citric Acid, Green Tea Extract, Alpha Tocopheryl Acetate (Vit E), Sucralose, Caffeine, Nicotinamide (B3), Natural Lemon Flavor, Pyridoxine Hydrochloride (B6), Thiamin Hydrochloride (B1), Riboflavin(B2), Cyanocobalamin (B12).

Contains 48mg of caffeine (equivalent to approx. 1/2 cup of coffee). Caffeine is used as a metabolic enhancer to help the body absorb other key nutrients in the FRS formula.

Distributed by:  
The FRS Company  
101 Lincoln Centre Dr.  
Foster City, CA 94404  
1-877-FRS4YOU

410-0015



peach mango low calorie  
25 calories 7g carbs

FRS  
healthy energy



Patented Blend of Quercetin + Vitamins  
B<sub>1</sub> B<sub>2</sub> B<sub>3</sub> B<sub>6</sub> B<sub>12</sub> C E

11.5 FL OZ (340mL) Dietary Supplement

peach mango low calorie

FRS  
healthy energy

FRS is a healthy energy drink that takes you up a level and keeps you there. FRS contains quercetin - a natural, powerful anti-oxidant found in blueberries, red onions, apples and cocoa. Quercetin helps extend your body's natural adrenaline as well as neutralizes the oxidants in your body that cause fatigue. Joining quercetin to keep your energy on the level are key vitamins and potent antioxidants from green tea leaves. Inside one can is a daily allowance of enhanced mental focus, increased performance and the energy to keep you going. So rise up, stay up and enjoy your day.

This can of FRS supplies the same amount of flavonoid antioxidants as:  
3 servings of blueberries or  
8 servings of red onions or  
10 servings of raspberries

Source: Flavonoid comparison based on mg of total flavonoids. Composition varies among products compared. Flavonoid content of fruits and vegetables from USDA Flavonoid Database using 1/2 cup serving size.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

FRS supports: **LIVESTRONG**  
LANCE ARMSTRONG FOUNDATION

Ten cents of every case of FRS sold goes to the Lance Armstrong Foundation, [www.livestrong.org](http://www.livestrong.org).

[www.frs.com](http://www.frs.com)

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