

Liposomal Melatonin

Fast-acting melatonin liquid with liposomal delivery for improved bioavailability and prolonged retention in the body, supporting a normal melatonin cycle through the night.*

Suggested Use

Take 1 pump by mouth, hold for 30 seconds before swallowing, or as directed by a healthcare practitioner. May be stirred into a small amount of water.

WARNING: Melatonin may have a strong sedating effect within 20 minutes of consumption. Not to be used during daytime. Not recommended for women who are pregnant, wishing to become pregnant, or breastfeeding. Do not use while operating a motor vehicle or other machinery.

Variations in product color may occur. Keep in a cool, dry place, tightly capped, away from light.

Rev. 002



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Liposomal Melatonin

Fast-Acting Formula



Supplement Facts

Serving Size 0.2 mL (1 pump)

Servings Per Container 150

Amount Per Serving	% Daily Value
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Melatonin	1 mg †
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Essential Phospholipids (from purified sunflower seed lecithin)	10 mg †
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† Daily value not established.

Other Ingredients: Water, glycerin, ethanol, vitamin E (as tocopherol and natural mixed tocopherols), medium-chain triglycerides.

Formulated exclusively for NutriCology®
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