

non carbonated•shake well

Natural ingredients may settle.

Contains 10% Fruit Juice

Supplement Facts

Serving Size 1 Can (11.5 fl oz)

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 7g	2%*
Sugars 5g	†
Dietary Fiber 2g	8%
Vitamin C 159mg	270%
Vitamin E 79IU	270%
Thiamin 2mg	130%
Riboflavin 2mg	130%
Niacin 26mg	130%
Vitamin B6 3mg	130%
Vitamin B12 8mcg	130%
Sodium 10mg	0%
Quercetin	325mg†
Catechins (from green tea leaf extract)	85mg†

* Percent Daily Values based on a 2,000 cal. diet.
† Daily Values not established

INGREDIENTS: Water, White Grape Juice Concentrate, Inulin, Boysenberry Concentrate, Blueberry Concentrate, Red Grape Concentrate, Quercetin, Natural Berry Flavor, Citric Acid, Ascorbic Acid, Gum Arabic, Locust Bean Gum, Green Tea Extract, Alpha Tocopheryl Acetate (Vit E), Natural Blueberry Flavor, Sucralose, Caffeine, Niacinamide (B3), Natural Lemon Flavor, Pyridoxine Hydrochloride (B6), Thiamin Hydrochloride (B1), Riboflavin(B2), Cyanocobalamin (B12), Red #40.

Contains 48mg of caffeine (equivalent to approx. 1/2 cup of coffee) Caffeine is used as a metabolic enhancer to help the body absorb other key nutrients in the FRS formula.

Distributed by:
The FRS Company
101 Lincoln Centre Dr.
Foster City, CA 94404
1-877-FRS-4YOU

410-0013



wild berry low calorie
25 calories 7g carbs

FRS
healthy energy



Patented Blend of Quercetin + Vitamins

B₁ B₂ B₃ B₆ B₁₂ C E

11.5 FL OZ (340mL) Dietary Supplement

wild berry low calorie

FRS
healthy energy

FRS is a healthy energy drink that takes you up a level and keeps you there. FRS contains quercetin - a natural, powerful anti-oxidant found in blueberries, red onions, apples and cocoa. Quercetin helps extend your body's natural adrenaline as well as neutralizes the oxidants in your body that cause fatigue. Joining quercetin to keep your energy on the level are key vitamins and potent antioxidants from green tea leaves. Inside one can is a daily allowance of enhanced mental focus, increased performance and the energy to keep you going. So rise up, stay up and enjoy your day.

This can of FRS supplies the same amount of flavonoid antioxidants as:

- 3 servings of blueberries or
- 8 servings of red onions or
- 10 servings of raspberries



Source: Flavonoid comparison based on mg of total flavonoids. Composition varies among products compared. Flavonoid content of fruits and vegetables from USDA Flavonoid Database using 1/2 cup serving size.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

FRS supports: **LIVESTRONG**
LANCE ARMSTRONG FOUNDATION

Ten cents of every case of FRS sold goes to the Lance Armstrong Foundation, www.livestrong.org.

www.frs.com

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