Based on a randomized, controlled clinical trial at a Division 1 American university, when taken with one scoop of Ab Cuts Protein, Ab Cuts PreWorkout is formulated to support enhancements in 4 weeks:

BODY FAT LOSS
- 3.1% reduction in body fat percentage*†

ENDURANCE
- 10.5% average increase in time to exhaustion*†

EXERCISE INTENSITY
- 11.6% average increase in training volume*†

LEAN MUSCLE
- 2.2% average increase in lean muscle*†

† Results vs. placebo

Best results when combined with nutritious eating and regular exercise

SUGGESTED USE: As a dietary supplement for adults, take 1-2 servings (1-2 scoops) depending on personal tolerance. Combine each scoop with 6 oz. of water, mix until completely dissolved and drink 15-20 minutes prior to exercise.

Do not exceed 3 servings per day. Do not take within 6 hours of bedtime. Best when taken with food and maintain proper hydration. This product should not be taken in combination with other stimulants or caffeine based products.

Ab Cuts™

SLEEK & LEAN

50% OF YOUR DAILY DOSE 1.7g CLA

CORE CARDIO BLAST
PREWORKOUT FOR FAT LOSS*

TONING* • FAT LOSS* • ENERGY*

CLA
RASPBERRY KETONES

30 SERVINGS | DIETARY SUPPLEMENT NET WT 7.9 OZ. (225g) | BERRY PUNCH

Supplement Facts:

Serving Size: 1 Scoop (7.5g) Serv. Per Container 30

	Amt Per Serv.	%DV*
Calories	25	
Calories from Fat	5	
Total Fat	0.75g	**1**%
Sodium	50mg	**2**%
Total Carbohydrate	2g	**0.5**%
Sugars	0g	
Protein	2.5g	**4.5**%

CARDIO BLAST BLEND 5307.1mg †
Cordyceps Sinensis (1250mg), L-Arginine AKG 2:1 (1000mg), Conjugated Linoleic Acid (850mg, Derived from Safflower Oil), Creatine, L-Citrulline, Eleutherococcus Senticosus, L-Taurine, L-Leucine, Rhodiola 3%, Sodium Chloride, L-Valine, L-Isoleucine Caffeine (100mg), Vitamin B6, Vitamin B12, L-Carnitine, Coleus Forskohlii (.05mg), Raspberry Ketones

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
†Daily Value not Established

OTHER INGREDIENTS: Natural Flavors, Citric Acid, Malic Acid, Salt, Sucralose, Beet, Red #40 Lake, and Maltodextrin.
ALLERGENS: Processed in a facility that also processes Eggs, Milk, and Soy products.

DO NOT EXCEED RECOMMENDED SERVING SIZE OR SUGGESTED USE. STORE IN A COOL DRY PLACE OUT OF DIRECT SUNLIGHT.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.**

WARNING: DO NOT USE IF PREGNANT OR NURSING. Do not exceed recommended dose. This product contains caffeine equal to a cup of coffee. This product is intended for use by healthy adults between the age of 18 and 60. Consult a physician or licensed qualified health care provider before using this product if you have any known medical condition(s) or if you have a family history of any known condition(s), or if you are currently taking any form of prescription, over-the-counter medication, or any additional diet supplements. You are advised to discontinue use of this product if you experience any lightheadedness, nervousness, sleeplessness, nausea, or rapid heartbeat and consult your physician or licensed qualified health care provider as some people experience sensitivity to ingredients in this product. For best results do not combine with Chitosan supplements. Discontinue use two weeks prior to surgery.
KEEP OUT OF REACH OF CHILDREN.

www.abcuts.com

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GMP

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Questions or Comments?
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