

INGREDIENTS

**ACTIVE INGREDIENTS:**

Extractives of Certified Organic  
**STINGING NETTLE** (*Urtica Dioica*) dried leaf.  
 Origin of plant material: Bulgaria.

**MENSTRUUM:**

Ethyl Alcohol, vegetable glycerin.

DIRECTIONS

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30  
 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER  
 BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO  
 4 TIMES A DAY.  
 WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE  
 BEFORE TAKING THIS OR ANY OTHER HERBAL  
 SUPPLEMENTS.

NOTICE

\*THIS PRODUCT HAS NOT BEEN EVALUATED BY  
 THE FDA AND IS NOT INTENDED TO DIAGNOSE,  
 TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA  
 IN AN FDA REGISTERED FACILITY**

CAUTION

MAY HAVE CONTRAINDICATIONS.  
 DO NOT USE IF YOU ARE ALLERGIC TO ANY  
 INGREDIENTS. CONSULT A PHYSICIAN BEFORE  
 USING DURING PREGNANCY, IF NURSING, OR IF  
 YOU ARE ON ANY MEDICATIONS.  
 KEEP OUT OF THE REACH OF CHILDREN.  
 STORE IN A COOL, DRY, DARK PLACE.

**SUGAR  
FREE**


**HerbalTerra**  
**STINGING  
 NETTLE**

**URTICA DIOICA****HERBAL SUPPLEMENT**

Dried herb / menstruum ratio: 1:3

Expertly extracted  
Laboratory tested

330 mg/1ml

PREMIUM PRODUCT

**NON  
GMO****SUPER CONCENTRATED LIQUID HERBAL EXTRACT**

4 fl.oz (120 ml)

**Supplement Facts**

Serving Size: 1 ml;

Servings Per Container: 120

% DV †

**Amount Per Serving**

Stinging Nettle (*Urtica Dioica*)  
 dried leaf liquid extract.

970 mg ‡

† Percent Daily Values (DV) are based  
 on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.  
 1 ml is equal to about 330 mg of dried plant  
 material.

Alcohol/Glycerin ratio: 10/1.

**NO**

Artificial Ingredients, GMO, GLUTEN, Color  
 Additives, Fillers, Preservatives or Binders.



MADE IN USA



REGISTERED FACILITY



GLUTEN FREE

**HerbalTerra.com**

BEST USE BY:

PART #: