

Suggested Usage: Adults take three capsules daily with a meal, or as directed by your healthcare professional.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.



FloraGLO® Lutein is a trademark of Kemin Industries, Inc., U.S.A.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

*"Proper nutrition, exercise, supplementation and sunscreen support skin, hair and nail health."*

*Kenneth H Cooper MD*

Kenneth H. Cooper, M.D., M.P.H.  
*"Father of aerobics and founder of the Cooper Clinic, Dallas, Texas."*

Manufactured for  
Cooper Concepts, Inc.  
12200 Preston Road, Dallas, TX 75230  
[www.coopercomplete.com](http://www.coopercomplete.com)  
To order, call 1-888-393-2221



# COOPER COMPLETE®

## Physician Formulated Dermatologic Health Skin, Hair & Nails

Guaranteed  
Pure

Dietary Supplement

90 Capsules / 30 Servings

### Supplement Facts

Serving Size 3 Capsules • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as natural beta carotene with mixed carotenoids)	3,000 IU 60%
Vitamin C (ascorbic acid)	350 mg 53.3%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 66.7%
Biotin	3,000 mcg 1,000%
Zinc (as zinc chelate)	5 mg 33.3%
Selenium (as selenium chelate)	100 mcg 143%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese sulfate)	10 mg 500%
Lycopene (from tomato)	5 mg *
Lutein (as Flora-GLO® Lutein)	10 mg *
Zeaxanthin	2 mg *
L-Cysteine	200 mg *
<i>Polypodium leucotomos</i> (rhizome and root)	240 mg *
Horsetail Extract (stems)	100 mg *
L-Methionine	50 mg *
Inositol	25 mg *

\*Dietary Value Not Established.

Other Ingredients: Gelatin (capsule), cellulose, vegetable stearate and silica.

Formula #200528 / #123821