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Suggested Usage: Adults take three capsules daily with a meal, or as directed by your healthcare professional.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.



FloraGlo® Lutein is a trademark of Kemin Industries, Inc., U.S.A.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

"Proper nutrition, exercise, supplementation and sunscreen support skin, hair and nail health."

Kenneth H Cooper MD

Kenneth H. Cooper, M.D., M.P.H.
"Father of aerobics and founder of the Cooper Clinic, Dallas, Texas."
Manufactured for
Cooper Concepts, Inc.
12200 Preston Road, Dallas, TX 75230
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To order, call 1-888-393-2221



COOPER COMPLETE®

Physician Formulated

Dermatologic Health Skin, Hair & Nails



Dietary Supplement

90 Capsules / 30 Servings

Supplement Facts

Serving Size 3 Capsules • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as natural beta carotene..... 3,000 IU with mixed carotenoids)	60%
Vitamin C (ascorbic acid)..... 350 mg	583%
Vitamin E (as d-alpha tocopheryl succinate) 200 IU	667%
Biotin 3,000 mcg	1,000%
Zinc (as zinc chelate) 5 mg	33%
Selenium (as selenium chelate) 100 mcg	143%
Copper (as copper gluconate)..... 2 mg	100%
Manganese (as manganese sulfate) 10 mg	500%
Lycopene (from tomato) 5 mg	*
Lutein (as Flora-GLO® Lutein) 10 mg	*
Zeaxanthin..... 2 mg	*
L-Cysteine 200 mg	*
Polypodium leucotomos (rhizome and root)..... 240 mg	*
Horsetail Extract (stems) 100 mg	*
L-Methionine..... 50 mg	*
Inositol 25 mg	*

*Dietary Value Not Established.

Other Ingredients: Gelatin (capsule), cellulose, vegetable stearate and silica.

Formula #200528 / #2123821