

**ACTIVE INGREDIENTS:**

Extractives of Certified Organic NUTMEG  
(*Myristica Fragrans*) dried nut.  
Origin of plant material: Sri Lanka.

**MENSTRUUM:**

Ethyl Alcohol, vegetable glycerin.

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO 4 TIMES A DAY.  
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE BEFORE TAKING THIS OR ANY OTHER HERBAL SUPPLEMENTS.

**NOTICE**  
\*THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FDA AND IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA  
IN AN FDA REGISTERED FACILITY**

**CAUTION**  
MAY HAVE CONTRAINDICATIONS.  
DO NOT USE IF YOU ARE ALLERGIC TO ANY INGREDIENTS. CONSULT A PHYSICIAN BEFORE USING DURING PREGNANCY, IF NURSING, OR IF YOU ARE ON ANY MEDICATIONS.  
KEEP OUT OF THE REACH OF CHILDREN.  
STORE IN A COOL, DRY, DARK PLACE.

**SUGAR  
FREE**

**HerbalTerra**

# **NUTMEG**

**MYRISTICA FRAGRANS**

**HERBAL SUPPLEMENT**

Dried herb / menstruum ratio: 1:3

Expertly extracted

Laboratory tested

330 mg/1ml

PREMIUM PRODUCT



**NON  
GMO**

**SUPER CONCENTRATED LIQUID HERBAL EXTRACT**

4 fl.oz (120 ml)

**Supplement Facts**

Serving Size: 1 ml;  
Servings Per Container: 120

% DV †

**Amount Per Serving**

Nutmeg (*Myristica Fragrans*)  
dried nut liquid extract. 970 mg ‡

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.  
1 ml is equal to about 330 mg of dried plant material.

Alcohol/Glycerin ratio: 10/1.

**NO**

Artificial Ingredients, GMO, GLUTEN, Color Additives, Fillers, Preservatives or Binders.



**MADE IN AN  
FDA  
REGISTERED FACILITY**



MADE IN USA

REGISTERED FACILITY

MADE IN USA

REGISTERED FACILITY

**NATURAL**  
**GLUTEN FREE**

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BEST USE BY:

PART #: