

**ACTIVE INGREDIENTS:**

Extractives of Certified Organic  
**BLESSED THISTLE** (*Cnicus Benedictus*)  
 dried leaf, stem and flower.

Origin of plant material: USA.

**MENSTRUUM:**

Ethyl Alcohol, vegetable glycerin.

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30  
 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER  
 BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO  
 4 TIMES A DAY.

WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE  
 BEFORE TAKING THIS OR ANY OTHER HERBAL  
 SUPPLEMENTS.

\*THIS PRODUCT HAS NOT BEEN EVALUATED BY  
 THE FDA AND IS NOT INTENDED TO DIAGNOSE,  
 TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA  
 IN AN FDA REGISTERED FACILITY**

MAY HAVE CONTRAINDICATIONS.

DO NOT USE IF YOU ARE ALLERGIC TO ANY  
 INGREDIENTS. CONSULT A PHYSICIAN BEFORE  
 USING DURING PREGNANCY, IF NURSING, OR IF  
 YOU ARE ON ANY MEDICATIONS.

KEEP OUT OF THE REACH OF CHILDREN.  
 STORE IN A COOL, DRY, DARK PLACE.

**SUGAR  
 FREE**



**HerbalTerra**

**BLESSED THISTLE**

**CNICUS BENEDICTUS**

**HERBAL SUPPLEMENT**

Dried herb / menstruum ratio: 1:3

Expertly extracted  
 Laboratory tested

330 mg/1ml

**PREMIUM PRODUCT**

**NON  
 GMO**

**SUPER CONCENTRATED LIQUID HERBAL EXTRACT** 4 fl.oz (120 ml)

**Supplement Facts**

Serving Size: 1 ml;

Servings Per Container: 120

% DV †

**Amount Per Serving**

Blessed Thistle (*Cnicus  
 Benedictus*) liquid extract.

970 mg ‡

† Percent Daily Values (DV) are based  
 on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.  
 1 ml is equal to about 330 mg of dried plant  
 material.

Alcohol/Glycerin ratio: 10/1.

**NO** Artificial Ingredients, GMO, GLUTEN, Color  
 Additives, Fillers, Preservatives or Binders.



MADE IN USA

MADE IN AN  
**FDA**  
 REGISTERED FACILITY



GLUTEN FREE



**HerbalTerra.com**



BEST USE BY:

PART #: