

INGREDIENTS  
DIRECTIONS  
NOTICE  
CAUTION

**CERTIFIED ORGANIC:**

California Poppy (*Eschscholzia californica*)  
dried above-ground parts of the plant.  
Origin: France.  
Valerian (*Valeriana Officinalis*) dried root.  
Origin: Poland.

SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30  
DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER  
BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO  
4 TIMES A DAY.  
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE  
BEFORE TAKING THIS OR ANY OTHER HERBAL  
SUPPLEMENTS.

\*THIS PRODUCT HAS NOT BEEN EVALUATED BY  
THE FDA AND IS NOT INTENDED TO DIAGNOSE,  
TREAT, CURE, OR PREVENT ANY DISEASE.

**MANUFACTURED IN THE USA  
IN AN FDA REGISTERED FACILITY**

MAY HAVE CONTRAINDICATIONS.  
DO NOT USE IF YOU ARE ALLERGIC TO ANY  
INGREDIENTS. CONSULT A PHYSICIAN BEFORE  
USING DURING PREGNANCY, IF NURSING, OR IF  
YOU ARE ON ANY MEDICATIONS.  
KEEP OUT OF THE REACH OF CHILDREN.  
STORE IN A COOL, DRY, DARK PLACE.

**SUGAR  
FREE**



**CALIFORNIA POPPY  
AND VALERIAN**

**HERBAL SUPPLEMENT**

Dried herb / menstruum ratio: 1:3  
Expertly extracted  
Laboratory tested  
330 mg/1ml  
PREMIUM PRODUCT

**NON  
GMO**

**SUPER CONCENTRATED LIQUID HERBAL EXTRACT** 4 fl.oz (120 ml)

**Supplement Facts**

Serving Size: 1 ml;

Servings Per Container: 120

% DV †

**Amount Per Serving**

|                                                                                             |          |
|---------------------------------------------------------------------------------------------|----------|
| Proprietary Herbal Extracts Blend:                                                          | 970 mg ‡ |
| California Poppy ( <i>Eschscholzia Californica</i> ) dried above-ground parts of the plant. |          |
| Valerian ( <i>Valeriana Officinalis</i> ) dried root.                                       |          |

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

‡ Daily Value Not Established.

Menstruum: Ethyl Alcohol, vegetable glycerin.

Alcohol/Glycerin ratio: 10/1.

Extraction rate: 330 mg of dry plant material per 1 ml.

**NO** Artificial Ingredients, GMO, GLUTEN, Color Additives, Fillers, Presevatives or Binders.



MADE IN USA

GLUTEN FREE

**HerbalTerra.com**



BEST USE BY:

PART #: