

400811-1F32

HERB PHARM • WILLIAMS, OR 97544

Keep Out of the Reach of Children

take 30 to 40 drops in a little water.

Two to five times per day

SHAKE WELL BEFORE USING

SUGGESTED USE

083

LIQUID HERBAL EXTRACT

CRAMP BARK

Viburnum opulus

Spring-Harvested Bark



HERBAL DIETARY SUPPLEMENT
4 Fluid Ounces (118.4 ml)

We prepare our Cramp Bark Extract from the bark of *Viburnum opulus* trees which is Custom Wildcrafted™ in its natural wild habitat.

To assure optimal extraction of Cramp Bark's bioactive compounds, the bark is hand-harvested only in the early spring, is carefully shade-dried, and is then thoroughly extracted. Our Cramp Bark is never fumigated or irradiated.

Dry herb / menstruum ratio: 1 : 5

Contains certified organic grain alcohol (48-58%), distilled water, vegetable glycerine & Cramp Bark extractives.

