From culture of Lactobacillus bulgaricus.

At end of Best Use Date under recommended storage conditions. Store in a dry place at 71°F (22°C) or below. Best if refrigerated.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Do not use if safety seal is broken or missing. Contains no carriers, fillers, artificial colors or preservatives.

Made without soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, peanut. tree nuts and shellfish

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







and other countries.

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RPMW90L-110719

Distributed by Garden of Life LLC 4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA Made in the U.S.A. from foods grown in the U.S.A.

90 VEGETARIAN CAPSULES



WHOLE FOOD SUPPLEMENT

Garden of Life

RAW PROBIOTICS Men 50 & Wiser

85 BILLION GUARANTEED!

32 PROBIOTIC STRAINS

PROMOTES COLON HEALTH, REGULARITY & IMMUNE FUNCTION¹

Suggested Use: Adults take 3 capsules per day, best taken as divided servings. Can be taken with or without food. Not intended for children.

Supplement Facts

Serving Size 3 Capsule Servings Per Container 30

Amount Per Serving	% Daily	Value
Vitamin C*	24 mg	27%
Vitamin D* 16.6	mcg (667 IU)	83%
Vitamin E*	8 mg	53%
Thiamin* (Vitamin B1)	1 mg	83%
Riboflavin* (Vitamin B2		87%
Vitamin B6*	1.33 mg	78%
Folate*	133 mcg DFE	33%
Vitamin B12*	10 mcg	417%
Pantothenic Acid*	1.9 mg	38%
Calcium*	36 mg	3%
lodine*	50 mcg	33%
Magnesium*	14 mg	3%
Selenium*	23 mcg	42%
Copper*	0.18 mg	20%
Manganese*	0.67 mg	29%
Chromium*	40 mcg	114%
Molybdenum*	19.5 mcg	43%

Raw Whole Food 814 mg Probiotic Blend

Bulgarian Yogurt Concentrate, Lactobacillus plantarum, Lactobacillus fermentum. Bifidobacterium animalis sub. lactis. Rifidohacterium hifidum Rifidohacterium lactis, Bifidobacterium longum, Lactobacillus acidophilus, Lactobacillus bulgaricus, Lactobacillus casei.

Contains: Dairy.

Lactobacillus gasseri, Eastern European Wild Kefir Culture containing Lactobacillus helveticus, Lactobacillus kefiranofaciens, Lactobacillus kefirgranum, Lactococcus lactis. Lactococcus cremoris, Streptococcus thermophilus, Lactobacillus kefir, Lactobacillus parakefir, Lactobacillus brevis, Lactococcus lactis biovar diacetylactis. Leuconostoc lactis, Leuconostoc mesenteroides, Leuconostoc cremoris, Leuconostoc dextranicum, Kluyveromyces marxianus, Brettanomyces anomalus, Debaryomyces hansenii, Saccharomyces unisporus, Saccharomyces turicensis, Saccharomyces cerevisiae, Saccharomyces exiquus, Torulaspora delbrueckii Total Cultures 85 Billion CFU

Eastern European 207 mg

Fruit & Veggie Blend Red Bell Pepper (Fruit), Green Pea (Seed),

Carrot (Root), Plum (Fruit), Cherry (Fruit), Strawberry (Fruit), Raspberry (Fruit)

Dairy-Digesting 56 mg Enzyme Blend Protease SP 20 000 HUT

Protease S 1,000 APU Aspergillopepsin 10 SAPU

+ Daily Value not established

Other ingredients: Vegetable cellulose (capsule), organic potato starch, organic acacia fiber.