Living life with your health and wellness in mind is living life well! Wellify™ Women's Energy Multivitamin Multimineral helps support overall energy, immunity, heart health, bone health and hair, skin and nails.*

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Artificial Flavors or Colors.

'Alivel® is a registered trademark of Nature's Way Products, LLC, Green Bay, WI 54311

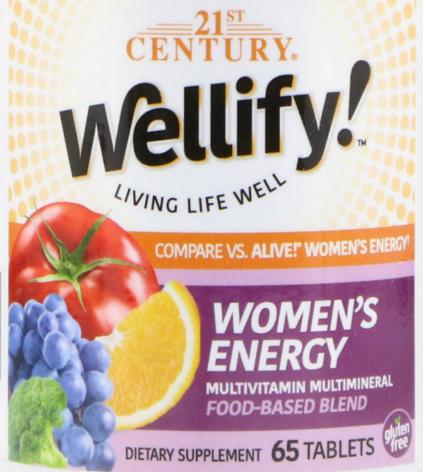
WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Proudly Manufactured by 21st Century HealthCare, Inc. 2119 S. Wilson St., Tempe, AZ 85282 USA 21stcentury/itamins.com

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Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | % Daily | Value | Amount Per Serving | % Daily | Valu |
|---|----------|-------|--|--------------------|--------------|
| Vitamin A | 5,000 IU | 100% | lodine (as Potassium lodide) | 150 mcg | 1009 |
| (30% as Beta Carotene) | | | Magnesium | 50 mg | 139 |
| Vitamin C (as Ascorbic Acid) | 60 mg | 100% | (as Magnesium Oxide) | | |
| Vitamin D ₃ (as Cholecalciferol) | 1,000 IU | 250% | Zinc (as Zinc Oxide) | 15 mg | 1009 |
| Vitamin E | 30 IU | 100% | Selenium (as Sodium Selenate) | 70 mcg | 1009 |
| (as dl-Alpha Tocopheryl Acetate) | | | Copper (as Copper Sulfate) | 2 mg | 1009 |
| Vitamin K (as Phytonadione) | 80 mcg | 100% | Manganese | 2 mg | 1009 |
| Thiamin (as Thiamin Mononitrate) | 3 mg | 200% | (as Manganese Sulfate) | 75 | 1009 |
| Riboflavin (Vitamin B-2) | 3.4 mg | 200% | Molybdenum (as Sodium Molybdate) | 75 mcg | 1007 |
| Niacin (as Niacinamide) | 20 mg | 100% | Fruit & Vegetable Blend | 100 mg | The same of |
| Vitamin B6 (as Pyridoxine HCI) | 4 mg | 200% | Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, | | |
| Folic Acid | 400 mcg | 100% | | | |
| Vitamin B12 (as Cyanocobalamin) | 12 mcg | 200% | Cauliflower, Raspberry, Açaí, A Banana, Broccoli, Brussels Spr Cranberry, Cucumber, Grape, F | outs, Cabb | age, ple, |
| Biotin (as d-Biotin) | 300 mcg | 100% | Pumpkin, Spinach. | | |
| (| | | | | |
| Pantothenic Acid | 15 mg | 150% | Boron (as Amino Acid Chelate) | 150 mcg | • |
| Pantothenic Acid (as d-Calcium Pantothenate) | 15 mg | | Boron (as Amino Acid Chelate) Lutein | 150 mcg 100 mcg | |
| Pantothenic Acid | 530 mg | 50% | | - | |

Other Ingredients: Cellulose, Maltodextrin, Croscarmellose Sodium. Contains <2% of: Alginate, BHA, BHT, Corn Flour, Gelatin, Guar Gum, Gum Arabic, Hydroxypropyl Methylcellulose, Magnesium Stearate, Mannitol, Palm Olein, Pea Starch, Rice Flour, Rice Hull Concentrate, Silicon Dioxide, Starch, Stearic Acid, Sucrose, Sunflower Lecithin, Vegetable Oil, Vitamin E Oil, Water.



