Directions: As a herbal supplement, adults take two (2) capsules before bedtime daily or as directed by a healthcare provider. Do not exceed recommended dosage.

Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives or Artificial Flavors 100% Vegetarian.

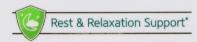
\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# CENTURY.



STANDARDIZED

# Valerian **EXTRACT**



**60 VEGETARIAN CAPSULES** 



**Amount Per Serving** % Daily Value

Valerian Root 300 ma Powdered Extract standardized concentrate of Valeriana officinalis

\*\* Daily Value not established.

Other Ingredients: Rice Bran. Oat Fiber, Dextrin, Cellulose, Silicon Dioxide, Magnesium Silicate. Contains <2% of: Magnesium Stearate.

### Proudly Manufactured by

21st Century HealthCare, Inc. 2119 S. Wilson St., Tempe, AZ 85282 USA 21stcenturyvitamins.com GUARANTEED 500125-0217N

LABORATORY



## Valerian Extract



Extract (Valeriana Valerian officinalis) is a natural herb that works with your body to support rest and relaxation.\* 500125-0217N

ACTUAL SIZE

