

Perfect Food® Original Formula is a whole food blend made with vegetable, sprout and organically grown cereal grass ingredients. One serving is equivalent to 148.5 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables.[†]

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without soy ingredients, tree nuts, added sugars, filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes egg, milk, soy, wheat and tree nuts.

The density of the powdered ingredients in this product naturally vary from lot to lot and require space in the container at the time of packaging. Over time the powders settle, causing the container to appear less full than when it was first packaged. This product is sold by weight and not by volume.

ESTIMATED MINIMUM FILL

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Garden of Life LLC
4200 Northcorp Parkway
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Made in the U.S.A. from foods grown in the U.S.A. and other countries.
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Perfect Food® Original

Super Green Formula

Phytonutrient-Dense Superfoods
Sprouted Ingredients
HSO Probiotics
Digestive Enzymes

30 SERVINGS
Net Wt 10.58 oz (300 g) **Whole Food Dietary Supplement**

Suggested Use: Adults mix 1 scoop (2 tablespoons) in 8oz of water or juice 1 (or more) times per day. Begin with ¼ serving size for the first few days, gradually working up to a full serving size. May be taken with or without food. Not intended for children. Scoop included.

Supplement Facts

Serving Size 1 Level Scoop (About 10g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	40	
Total Fat	1 g	1% [†]
Total Carbohydrate	5 g	2% [†]
Dietary Fiber	1 g	4% [†]
Total Sugars	1 g	+
Includes 0 g Added Sugars		0%
Protein	3 g	
Vitamin A (as beta-carotene)	1,600 mcg	178%
Calcium	20 mg	2%
Iron	4 mg	22%
Sodium	70 mg	3%
Potassium	227 mg	5%
Perfect Green Juice Blend	4.5 g	+
Organic Barley Grass (juice & solubles), Organic Alfalfa Grass (juice), Organic Wheat Grass (juice), Organic Oat Grass (juice)		
Perfect Whole Food Matrix	2.9 g	+
Rice Bran Extract, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Organic Buckwheat Sprout, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Organic Flax Seed Sprout, Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Chia Seed Sprout, Organic Sesame Seed Sprout		
Protein Mineral Blend	2.1 g	+
Spirulina, Chlorella, Kelp Blend		
Perfect Veggie Juice Blend	300 mg	+
Organic Alfalfa Grass, Organic Beet (root), Organic Carrot (root), Organic Broccoli (flower & stem), Organic Tomato (fruit), Cucumber (gourd), Organic Kale (leaf), Organic Spinach (leaf), Organic Parsley (leaf), Organic Green Cabbage (leaf), Celery (stalk), Cauliflower (flower & stem), Organic Green Bell Pepper (fruit), Asparagus (flower & stem), Brussels Sprout (leaf), Organic Onion (bulb), Organic Garlic (bulb), Organic Ginger (root)		
HSO Probiotic & Enzyme Blend	105 mg	+
Amylase, Proteases, Lactase, Glucoamylase, alpha-Galactosidase, Lipase, Pectinase, Peptidase, Bromelain, Phytase, Hemicellulase, beta-Glucanase, Papain, Cellulase, Xylanase, Diastase, Invertase, <i>Bifidobacterium bifidum</i> , <i>Bifidobacterium lactis</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i> , <i>Lactobacillus casei</i> , <i>Lactobacillus salivarius</i> , <i>Lactobacillus acidophilus</i> , <i>Bacillus subtilis</i>		
Ionic Plant Based Minerals	95 mg	+

[†]Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.
Contains: Wheat (Grass Juice).
Probiotics are cultured in dairy which is generally consumed during the fermentation process.