

21ST CENTURY.



Therapeutic-M™



COMPARE VS. THERAGRAN-M®†

DIETARY SUPPLEMENT

130 TABLETS



ACTUAL SIZE



Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500123-0118A



Therapeutic-M™

Other Ingredients: Starch, Cellulose, Stearic Acid, Gelatin. Contains <2% of: Artificial Colors (FD&C Red #40, FD&C Blue #2 Carmine), Ascorbyl Palmitate, BHA, BHT, Croscarmellose Sodium, dl-Alpha Tocopherol, Gum Arabic, Hydroxypropyl Methylcellulose, Magnesium Stearate, Maltodextrin, Mannitol, PEG, Polyvinyl Alcohol, Silicon Dioxide, Sodium Aluminosilicate, Sucrose, Talc, Titanium Dioxide, Vegetable Oil, Water.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate & 20% as Beta Carotene)	5,000 IU 100%	Magnesium (as Magnesium Oxide)	100 mg 25%
Vitamin C (as Ascorbic Acid)	90 mg 150%	Zinc (as Zinc Oxide)	15 mg 100%
Vitamin D ₃ (as Cholecalciferol)	400 IU 100%	Selenium (as Sodium Selenate)	70 mcg 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	60 IU 200%	Copper (as Cupric Oxide)	2 mg 100%
Vitamin K (as Phyltonadione)	28 mcg 35%	Manganese (as Manganese Sulfate)	2 mg 100%
Thiamin (as Thiamin HCl)	3 mg 200%	Chromium (as Chromium Chloride)	50 mcg 42%
Riboflavin (Vitamin B-2)	3.4 mg 200%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Niacin (as Niacinamide)	20 mg 100%	Chloride (as Potassium Chloride & B-6 HCl)	8 mg <1%
Vitamin B-6 (as Pyridoxine HCl)	6 mg 300%	Potassium (as Potassium Chloride & Potassium Iodide)	11 mg <1%
Folic Acid	400 mcg 200%	Boron (as Borates)	150 mcg **
Vitamin B-12 (as Cyanocobalamin)	12 mcg 200%	Tin (as Stannous Chloride)	10 mcg **
Biotin	30 mcg 10%	Nickel (as Nickelous Sulfate)	5 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%	Silicon (as Silicon Dioxide)	2 mg **
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	145 mg 15%	Vanadium (as Sodium Metavanadate)	10 mcg **
Iron (as Ferrous Fumarate)	9 mg 50%		
Phosphorus (as Dicalcium Phosphate)	38 mg 4%		
Iodine (as Potassium Iodide)	150 mcg 100%		

** Daily Value not established.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors.

†Theragran-M® is a registered trademark of Bristol-Myers Squibb, Princeton, NJ 08543

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

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