

21ST
CENTURY.

Women's
50+

Sentry SENIOR

Multivitamin & Multimineral
Supplement

Compare VS.
Centrum[®] SILVER[®]
Women 50+[†]

100 Tablets

gluten
free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (Acetate, 29% as Beta-Carotene)	1,050 mcg 117%	Calcium (as Calcium Carbonate & Dicalcium Phosphate)	300 mg 23%
Vitamin C (as Ascorbic Acid)	100 mg 111%	Iron (as Ferrous Fumarate)	8 mg 44%
Vitamin D ₃ (as Cholecalciferol)	25 mcg 125% (1,000 IU)	Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15.8 mg 105%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin K (as Phytonadione)	50 mcg 42%	Magnesium (as Magnesium Oxide)	100 mg 24%
Thiamin (as Thiamin Mononitrate, B-1)	1.1 mg 92%	Zinc (as Zinc Oxide)	15 mg 136%
Riboflavin (Vitamin B-2)	1.1 mg 85%	Selenium (as Sodium Selenate)	22 mcg 40%
Niacin (as Niacinamide)	14 mg 88%	Copper (as Copper Sulfate)	0.5 mg 56%
Vitamin B-6 (as Pyridoxine HCl)	5 mg 294%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Chromium (as Chromium Picolinate)	52 mcg 149%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2,083%	Molybdenum (as Sodium Molybdate)	50 mcg 111%
Biotin	30 mcg 100%	Chloride (as Potassium Chloride)	72 mg 3%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%	Potassium (as Potassium Chloride)	80 mg 2%
		Lutein	300 mcg **

** Daily Value not established.

Other Ingredients: Cellulose, Starch, Stearic Acid. **Contains <2% of:** Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40), Ascorbyl Palmitate, BHA, BHT, Citric Acid, Croscarmellose Sodium, dl-Alpha Tocopherol, Ethylcellulose, Gelatin, Gum Arabic, Magnesium Silicate, Magnesium Stearate, Maltodextrin, Mannitol, PEG, Polyvinyl Alcohol, Silicon Dioxide, Sodium Aluminosilicate, Sucrose, Titanium Dioxide, Vegetable Oil, Vitamin E Oil, Water.

[†]This product is not manufactured or distributed by Wyeth Holdings, LLC, owner of the registered trademark Centrum[®] Silver[®].

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Important Information: Extended use of high levels of Vitamin A (excluding Beta-Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

No added Yeast or
Artificial Flavors.
Gluten Free.

ACTUAL SIZE

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com

501559-0819N

GUARANTEED
QUALITY
LABORATORY
TESTED

