



Niacin

100 mg

Food/Dietary Supplement

Suggested Use: Take one (1) tablet daily with food. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) tablet

Servings Per Container = Varied

Amount Per Serving		% Daily Value
Niacin	100 mg	500%

Other Ingredients: Cellulose, calcium carbonate, calcium stearate.

Caution: May cause flushing, tingling, and skin reddening, particularly on an empty stomach. Do not take more than 500 mg of Niacin per day without consulting your health care practitioner.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. Food supplements should not be used as a substitute for a varied diet.

