

**21ST
CENTURY.**



STANDARDIZED

Milk Thistle EXTRACT



Antioxidant Support*

HERBAL SUPPLEMENT

60 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Milk Thistle	175 mg **
Powdered Extract (seed) standardized concentrate of <i>Silybum marianum</i>	

** Daily Value not established.

Other Ingredients: Cellulose, Starch.
Contains <2% of: Magnesium Stearate,
Silicon Dioxide.

Proudly Manufactured by
21ST Century HealthCare, Inc.

2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
501079-0217



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Milk Thistle Extract



Milk Thistle Extract has been used traditionally to support liver health.* Silymarin, the active complex found in Milk Thistle Extract, is a powerful antioxidant.* 501079-0916N

ACTUAL SIZE



Directions: As a herbal supplement, adults take two (2) capsules daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. **100% Vegetarian.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.