

21ST
CENTURY®



QUICK DISSOLVE

Melatonin

10 mg



Relaxation & Sleep Support*

DIETARY SUPPLEMENT

120 CHERRY FLAVOR TABLETS



Directions: As a dietary supplement, adults take one (1) tablet 30 minutes before bedtime or as directed by your healthcare provider. Place under the tongue for 15 to 30 seconds before swallowing. Do not exceed recommended dosage. Individual results may vary.

CAUTION: Do not take if you are operating machinery or a vehicle. Not intended for those under the age of 18.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Preservatives, Artificial Flavors or Colors.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin	10 mg **

** Daily Value not established.

Other Ingredients: Sucrose, Mannitol, Polyplasdone, Crospovidone, Cellulose.

Contains <2% of: Copovidone, Magnesium Stearate, Natural Flavor, Silicon Dioxide, Sorbitol, Stearic Acid, Sucralose.

Proudly Manufactured by

21ST Century HealthCare, Inc.

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21stcenturyvitamins.com

501103-0916N



21ST
CENTURY.



Melatonin 10 mg

Melatonin works in harmony with your natural sleep cycle to promote relaxation and sleep so you can wake up refreshed and revitalized.* 501103-0916N



ACTUAL
SIZE



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